

Read All About It

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Michael Vera-Lobos (AUS) - March 2012
音樂: Read All About It, Pt. III - Emeli Sandé : (Album: Our Version of Events)



DANCE STARTS: 32 COUNT INTRO.

[1-8] SIDE DRAG, SAILOR ½ L CROSS, ¼ L, ROCK BACK, REPLACE & ½ R, ½ R, ¼ DRAG R

- 1,2&3,4 Step R to R dragging L towards R, Sailor ½ L Ending with L over R (6:00), Turning ¼ L Step back on R (3:00)
5,6& Rock back on L , Rock fwd R & Turn ½ R Stepping back on L (9:00)
7,8 Turn a further ½ R on R (3:00) , Turning ¼ R Step L to L dragging R towards L (6:00)

[9 – 16] ROCK BACK CNR, REPLACE, STEP FWD & ½ R, STEP BACK , ROCK BACK, REPLACE, STEP FWD & ½ L, 3/8 L

- 1,2,3&4 Rock R behind L turning body (7:00), Replace wt on L dragging R towards L, Step fwd R & Turn ½ R stepping back on L, Step back on R (1:00)
5,6,7&8 Rock back on L, Rock fwd on R dragging L, Step fwd L & Turn ½ L Stepping back on R, Turning ? L Step L to L (6:00)

[17 – 24] CROSS SAMBA STEP, CROSS & SIDE, BEHIND & CROSS ROCK REPLACE & ¼ L, ½ L, ¼ L

- 1&2,3&4& Cross Samba R over L, Cross L over R & Step R to R , Cross L behind R & Step R to R (6:00)
5,6&7,8 Cross Rock L over R, Rock back on R & Turn ¼ L on L, Turn a further ½ L on R, Turn ¼ L on L (6:00)

[25 – 32] CROSS, SIDE ROCK & REPLACE, CROSS, STEP SIDE DRAG, ½ HINGE L, CROSS, SIDE ROCK & REPLACE, CROSS

- 1,2&3,4 Travel fwd – Cross R over L, Rock L to L & Replace wt on R, Cross L over R, Step R to R dragging L
5, 6, 7&8 ½ Hinge L Ending L to L, Cross R over L, Rock L to L & Replace wt on R, Cross L over R (12:00)

[33 – 40] SIDE, BEHIND, FULL TRIPLE SPIN R, CROSS ROCK, REPLACE & TOUCH ACROSS, ¾ UNWIND L

- 1,2,3&4 Step R to R, Cross L behind R, Full Triple R travelling to R side Stepping R,L,R (12:00)
5,6&7,8 Cross Rock L over R, Rock back on R & Stepping L to L Touch R across L, Unwind ¾ L Ending Wt on R (3:00)

[41 – 48&] ROCK BACK, REPLACE, CROSS SAMBA , CROSS, ¼ R & ½ R, ROCK FWD, REPLACE & ½ L

- 1,2,3&4 Rock back on L, Rock fwd on R, Cross Samba L over R (3:00)
5,6&7,8& Cross R over L , Turn 1/4 R Stepping back on L (6:00) & Turning a further ½ R Step onto R, Rock fwd L , Rock back on R & Turn ½ L on L (6:00)

[49 – 56] FULL SPIN FWD FWD L, SHUFFLE FWD R, WALK BACK L,R, COASTER CROSS

- 1,2,3&4 Travel fwd – Full Spin fwd over L Stepping R then L, Shuffle fwd R Stepping R,L,R (6:00)
5,6,7&8 Step back L, Step back on R, Step back on L & Step R beside L, Cross L over R (6:00)

[57 – 64] STEP SIDE, ½ HINGE L & TOGETHER, SIDE ROCK, REPLACE, CROSS, ¼ L, ½ SHUFFLE L

- 1,2&3,4 Step R to R, Hinge ½ L ending L to L & Stepping R beside L Rock L to L, Replace wt on R (12:00)
5,6,7&8 Cross L over R, Turn ¼ L Stepping back on R, ½ Shuffle L Stepping L,R,L (3:00)

email: strictly@zip.com.au - web: <http://home.zipworld.com.au/~strictly>
