

# Wrecked

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner / low Intermediate  
編舞者: Joe Steele (USA) - March 2012  
音樂: Train Wreck (Dance Remix) - Marlee Scott



Count In: 16 counts from start of track – dance begins on vocals.

Notes: There are 3 tags in this dance occurring on 4th & 8th wall after 16 counts add 4 sways RLRL  
On the 11th wall add four sways, RLRL, then restart.

## [1 – 8] Shuffle forward 2x, ½ turn shuffle left, coaster step.

1 & 2      Step R forward, slide L up beside right, step R forward  
3 & 4      Step L forward, slide R up beside Left, Step L forward  
5 & 6      Step R to side ¼ turn left, step L beside R, step back ¼ turn L 6:00  
7 & 8      Step back L, Step back R, Step forward L

## [9 – 16] Out out, In In 2x, vaudeville

&1 & 2      Step R out, Step L out, Step R in, Step L In  
&3 & 4      Step R out, Step L out, Step R in, Step L in  
&5 & 6      Step R to side, Put L heel forward, Step back on L, Cross R over L  
&7 & 8      Step L to L side, Put R heel forward, Step back on R, Cross L over R

**INSERT TAGS HERE ON 4TH AND 8TH WALL. SWAY RIGHT LEFT RIGHT LEFT THEN CONTINUE**

## [17 – 24] Shuffle R, Sailor, Behind side cross, Shuffle L

1 & 2      Step R to right, bring L beside R, Step R to R  
3 & 4      Step L behind R, Step R to Right, Step L to Left  
5 & 6      Step R behind Left, Step L to left, cross R over left  
7 & 8      Step L to left, bring R beside left, step L to left

## [25 – 32] R toe behind left, unwind ½ turn, step ¼ R, step cross, behind side forward

1 - 2      Place R toe behind left, unwind ½ turn R, weight to R 12:00  
3 - 4      Step forward L, pivot ¼ turn R, weight to R 3:00  
5 - 6      Cross L over right, step R to side  
7 & 8      Step L behind R, step R to right, step forward on L

**INSERT TAG HERE AT END OF 11TH WALL, SWAY RIGHT LEFT RIGHT LEFT**

Begin again. Have fun and enjoy

Contact: Joe: [Dancingwithjoe@yahoo.com](mailto:Dancingwithjoe@yahoo.com)