Before Sadness Comes

級數: Improver

編舞者: Kay Jeong (KOR) - March 2012

音樂: Before Sadness Come (슬퍼지려 하기전에) - COOL (쿨)

牆數:4

Count In : After 32 counts

拍數: 64

SEC 1: RIGHT VINE STEP, SIDE, TOUCH, SIDE, TOUCH

Step R to right side, Step L behind R, Step R to right side, Touch L next to R 1-4 5-8

Step L to left side, Touch R next to L, Step R to right side, Touch L next to R

(Optional Styling: Both arms spread to L,R, like a move in wave – The palm face downward

- R arm up and L arm down, L arm up and R arm down, R arm up and L arm down, Hold 1-4
- 5-6 L arm up and R arm down, R arm up and L arm down, L arm up and R arm down, Hold)

SEC 2: REPEAT SEC 1: ON OPPOSITE POSITION

SEC 3: RIGHT SIDE ROCK, RECOVER, BIG SLIDE, LEFT SIDE ROCK, RECOVER, BIG SLIDE

- 1-4 Rock R to right side, Recover onto L, Step R big step to right side, Drag L towards R
- 5-8 Rock L to left side, Recover onto R, Step L big step to left side, Drag R towards L

SEC 4: K-STEP WITH HITCH

1-4 Step R fwd diagonally right, Hitch L, Step L back diagonally left, Hitch R

5-8 Step R back diagonally right, Hitch L, Step L fwd diagonally left, Hitch R

SEC 5: HIP BUMP WITH STYLING

1-4 Hip bump R,L,R,L

(Styling : Punch fisted hands cross in front of the forehead, diagonal up, diagonal down, cross in front of the chest - drawing square)

Repeat 1-4 5-8

SEC 6: SAMBA STEP

- Step R over L, Step L to left side, Step R to right side 1&2
- 3&4 Step L over R, Step R to right side, Step L to left side
- 5&6 Step R over L, Step L to left side, Step R to right side
- Make 1/4 turn left stepping L over R, Step R to right side, Step L to left side 7&8

SEC 7: CROSS, POINT, BACK CROSS, POINT

- 1-4 Step R over L, Touch L to left side, Step L over R, Touch R to right side
- 5-8 Step R behind L, Touch L to left side, Step L behind R, Touch R to right side

SEC 8: KICK, JUMP, TURN, BOX STEP

- Low kick right across left, Jump & land both feet (shoulder width apart), Jump & land L foot 1-4 with hitching R foot making 1/2 turn right, Jump & land both feet (shoulder width apart)
- 5-8 Step R over L, Step L over R, Step back on R, Step back on L

REPEAT

Ending : Jump & Land both feet (Shoulder width apart) and Pose!

