

3-2-1 Lets Go

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK) - March 2012
音樂: Laisse tomber tes problèmes (Remix 2019) - Collectif Métissé



Start after a 32 Count intro.

Step Out Right, Left, In, In, Shuffle Forward, Turn 1/4 Right Stepping Left, Touch Right Behind Left.

1, 2, 3, 4 Step R out to right side. Step L out to left side. Step R into centre. Step L into centre.
5 & 6 Step forward on R. Step L next to R. Step forward on R.
7, 8 Turn 1/4 right stepping L to left side. Touch R toe behind L swinging both arms left.

Step Right, Cross Step, Turn 1/4 Left, Turn 1/4 Left, Cross Step, Turn 1/4 Right, Coaster Step.

1, 2 Step R to right side. Cross step L over R.
3, 4 Turn 1/4 left stepping back on R. Turn 1/4 left stepping L to left side.
5, 6 Cross step R over L. Turn 1/4 R stepping back on L
7 & 8 Step back on R. Step L next to R. Step forward on R.

Step Forward On Left, Right, Touch & Heel & Hitch, Shoulder Roll Ball Step, Step Forward.

1, 2 Step forward on L. Step forward on R.
3 & 4 Touch L toe next to R instep. Step down on ball of L. Dig R heel forward.
& 5 Step down on R. Hitch L knee up.
6 & 7, 8 Roll your shoulders forward. Step down on ball of L. Step forward on R. Step forward on L.

Step Pivot 1/2 Turn Left, Weave Left, Side Rock Left, Recover.

1, 2 Step forward on R and slightly across L. Pivot 1/2 turn left.
3, 4 Cross step R over L. Step L to left side.
5 & 6 Cross step R behind L. Step L to L side. Cross step R over L.
7, 8 Side rock left on L. Recover on to R.

Cross Shuffle, Turn 1/4 Left, Turn 1/4 Left, Cross Samba, Cross Step, Side Touch Right.

1 & 2 Cross step L over R. Step R to right side. Cross step L over R.
3, 4 Turn 1/4 left stepping back on R. Turn 1/4 left stepping forward on L.
5 & 6 Cross step R over L. Step on ball of L slightly forward to left diagonal. Step R down in place
7, 8 Cross step L over R. Touch R toe out to right side

Kick Ball Touch Left, Sailor Step, Hip Sways, Sailor Step With 1/4 Turn Right.

1 & 2 Kick R forward. Step down on R. Touch L toe to left side.
3 & 4 Cross step L behind R. Step R to right side. Step L to left side.
5, 6 Sway hips right. Sway hips left.
7 & 8 Cross step R behind L. Turn 1/4 right stepping L to left side. Step R down in place.

Cross step, Side Step, Hold, Ball Step, Cross Step, Pivot 1/2 Turn Right, Step, Pivot 1/2 Turn Right.

1, 2 Cross step L over R. Step R to right side.
3 & 4 Hold for count 3. Step ball of L next to R. Step R to right side.
5, 6 Cross step L over R. Unwind 1/2 turn right.
7, 8 Step forward on L. Pivot 1/2 turn right.

Kick Ball Touch Right, Sailor Step, Hip Sways, Weave Right.

1 & 2 Kick L forward. Step down on L. Touch R toe to right side.
3 & 4 Cross step R behind L. Step L to left side. Step R to right side.
5, 6 Sway hips left. Sway hips right.

7 & 8 Cross step L behind R. Step R to right side. Cross step L over R.

Start Again

TAG: End of wall 2 facing 6:00

1, 2, 3, 4 Walk forward on R, L, R. Pivot ½ turn left.

5, 6, 7, 8 Walk forward on R, L, R. Pivot ½ turn left.
