

Cheerio

拍數: 32 牆數: 2 級數: Improver
編舞者: Jeanie Kotlik (USA) - March 2012
音樂: Brokenhearted - Karmin : (iTunes)



Begin dance after 32 count Intro - No tags, No restarts

[1-8] SKATE, HIP WIGGLES, SKATE, HIP WIGGLES, TOE SWITCHES, HOLD

1-2-3-4 (R) skate ending with 2 hip wiggles, R,L,R, (L) skate ending with 2 hip wiggles L,R,L
5& hold (R) leg out to the side, point toe, bring R foot in, step beside L, putting weight on (R)
6& hold (L) leg out to the side, point toe, bring (L) foot in, step beside (R), weight back on (L)
7 hold (R) leg out to the side
8 stay in 7 position, hold and clap for count 8

[9-16] CROSS, SWEEP, STEP, POINT, FLICK, ¼ TURN, ¼ PIVOT, STEP

1-2 step (R) crossing in front of (L), sweep (L) in front of (R)
3-4 step down (L) bending knee, point (R) toe out diagonal (1:00)
5-6 flick (R) leg crossing behind (L) leg, step ¼ turn (R)
7-8 step (L) in front of (R), pivot on (L) ¼ turn (R), step down on (R)

[17-24] JAZZ BOX, FLICK, STEP OUT OUT, BACK, TOUCH

1-2-3-4 cross (L) over (R), step back (R), step (L) beside (R), flick (R) leg crossed in front of (L)
5-6-7-8 step out, out (R), (L), step back on (R), touch (L) beside (R)

[25-32] FULL TURN LEFT, WALK, WALK, POINT, PULSE, TOUCH

1-2-3-4 step forward on(L), make ½ turn left, step back on (R)), ½ turn left, step (L), step (R) forward
5-6 step (L) forward, bending knee, hold (R) leg out to the side, point toe
7-8 with both knees bent, drag (R) toe in, touch (R) beside (L)

Styling: On last 2 count, keeping foot on the floor, bring in (R) toe halfway for count 7, then bring toe in to touch beside (L) for count 8 (Pulsing or bouncing action)

Last Revision - 29th June 2012