

Dedication To My Ex

拍數: 64 牆數: 4 級數: Novice - Cuban Cha
編舞者: Laura Kilian (DE) - March 2012
音樂: Dedication to My Ex (Miss That) (feat. Andre 3000 & Lil Wayne) - Lloyd



Side Step L, Point R, Hold, Step Together Kick, Step-Lock-Step-Back, Rock Back, Step-Lock-Step

1 LF step side left
2 hold
&3 RF close next LF, kick LF
4&5 LF step backward, RF lock over LF, LF step backward
6-7 RF rock back, recover
8&1 RF step forward, LF lock behind RF, RF step forward

Rock Forward, Rondé, Sailor Step, Hold, Close Side 3x L

2 LF rock forward
3 recover and rondé with LF
4&5 LF cross behind RF, RF step next to LF, LF step side left
6 hold
&7&8&1 RF step next LF, LF step side 3x

1/8 Turn R, Close, Step L, Step-Lock-Step, Rock Step, 3/8 Turn L, Full Turn L

2 hold
&3 1/8 turn R, RF close LF, LF step forward
4&5 RF step forward, LF lock behind RF, RF step forward
6-7 LF rock forward, RF recover
8&1 3/8 turn L, LF step forward, half turn left RF step back, 1/2 turn left step LF forward

Rock Step, 1/4 Turn R, Chasse Turn 1/4, Step Turn R, 1/4 Turn Chasse L

2-3 RF rock forward, LF recover
4&5 1/4 turn right, RF step side right, LF step next to RF, 1/4 turn right step RF forward
6-7 LF step forward, 1/2 turn right, RF step forward
8&1 1/4 turn right, LF step side left RF step next to LF, LF step left

Cross Rock L & R, Mambo Cross L & R & L, Step R

2&3 RF cross rock, recover LF, step right to right
4&5 LF cross rock, recover RF, step left to left
6&7&8&1 RF cross rock, recover LF, RF rock side recover to LF, RF cross rock, recover LF, RF step to right side

Drag, 1/4 Turn L, L Step Next R, R Point Next To L, Step-Lock-Step, Step L, 1/2 Turn L & Close R To L, Step L, 1/4 Turn L & Step R Right Side & 1/8 Turn And Step L Back

2 LF drag next to RF and 1/4 turn left
&3 LF close to RF, RF point next to LF
4&5 RF step forward, LF lock behind RF, RF step forward
6-7 LF step forward, 1/2 turn left and close RF next LF
8&1 LF step forward, 1/4 turn left and RF step side right, 1/8 turn left and LF step back

R Close Next L, Step L, Step-Lock-Step, Rock Step, Step-Lock-Step Back

2-3 RF close LF, LF step forward
4&5 RF step forward, LF lock behind RF, RF step forward
6-7 LF rock forward, RF recover
8&1 LF step behind, RF lock over LF, LF step back

1/8 Turn, Hip Bumps, 3/4 Turn R, Touch L & Hip Circle, Step L Close

2-3 1/8 turn, RF step side right and hip to right, LF step side left and hip to left

4&5 1/4 turn and RF step forward, 1/2 turn right and step LF back, RF step back and touch LF forward

6-7 hip circle

8& LF step side left, RF close LF

Repeat until the end
