

Footloose

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Nicky Jackson - March 2012
音樂: Footloose - Blake Shelton



Note: You can either start the dance with the vocals or after the first 8-counts (when tempo changes)

WALK FOOT OUT; STEP

1-8 Walk Right foot out (toe, heel, toe); step Left foot next to Right; Repeat to the Left

HEEL STEPS; 1/4 MONTEREY STEP

1-8 Tap Right heel forward & step next to Left; Repeat to the Left; Tap Right foot to the side, making a 1/4 turn; Tap Left foot to the side & step next to Right

KICK STEPS

1-8 4 kick steps starting with the Right foot (Kick Right & step next to Left)

KICK, HOOK, KICK, STEP

1-8 Kick Right foot forward, bring it to a hook, kick forward again, step next to Left; Repeat on the Left

GRAPEVINE, KNEE LIFT x3

1-8 Grapevine Right lifting Left knee on count 4, then Right knee, then Left knee
(going straight into the next grapevine)

GRAPEVINE, KNEE LIFT x3

1-8 Grapevine Left lifting Right knee on count 4, then Left knee, then Right knee
(starting the dance over immediately when you step down)

Have Fun with it...we do!!!
