

Mi Ni Mi Ni

拍數: 88 牆數: 4 級數: Low Intermediate
編舞者: GS Ang (MY) - March 2012
音樂: Mi Ni Mi Ni (迷你迷你) - Xie Cai Yun (谢采耘)



Start on vocal after 32 counts. - Sequence Of Dance: A/B16/A/B/A/B24

SECTION A - 56 counts

TOE STRUTS X 2, MONTEREY 1/2 RIGHT

- 1-2 Touch right toes forward, drop right heel down
- 3-4 Touch left toes forward, drop left heel down
- 5-6 Point right to right side, turning 1/2 right step right together
- 7-8 Point left to left side, step left together

TOE STRUTS X 2, PADDLE 1/4 TURN LEFT X 2

- 1-2 Touch right toes forward, drop right heel down
- 3-4 Touch left toes forward, drop left heel down
- 5-6 Step right forward, pivot 1/4 turn left
- 7-8 Step right forward, pivot 1/4 turn left

LEFT & RIGHT NEW YORKERS

- 1-2 Cross right over left, recover onto left
- 3&4 Cha cha to right side on RLR
- 5-6 Cross left over right, recover onto right
- 7&8 Cha cha to left side on LRL

HIP BUMPS RRL/RLRL

- 1-2 Bump hips to right side x 2
- 3-4 Bump hips to left side x 2
- 5-8 Bump hips RLRL

RIGHT AND LEFT LINDY

- 1&2 Cha cha to right side on RLR
- 3-4 Cross left behind right, recover onto right
- 5&6 Cha cha to left side on LRL
- 7-8 Cross right behind left, recover onto left

RIGHT VINE 1/4 TURN RIGHT, SCUFF, FORWARD ROCK, COASTER STEP

- 1-2 Step right to right side, cross left behind right
- 3-4 Turning 1/4 right step right forward, scuff left forward
- 5-6 Rock left forward, recover onto right
- 7&8 Coaster step on LRL

PIVOTING PADDLE 1/4 LEFT X 4

- 1-2 Step left forward, 1/4 turn left pointing right to right side
- 3-4 Using left as a pivot, turn 1/4 left pointing right to right side, hold
- 5-6 Using left as a pivot, turn 1/4 left pointing right to right side, hold
- 7-8 Using left as a pivot, turn 1/4 left pointing right to right side, hold

SECTION B - 32 counts

SIDE, TOUCH, SIDE, TOUCH, RIGHT ROLLING VINE

- 1-4 Step right to right side, touch left together, step left to left side, touch right together
- 5-8 Right rolling vine on RLR, touch left together

SIDE, TOUCH, SIDE, TOUCH, LEFT ROLLING VINE

- 1-4 Step left to left side, touch right together, step right to right side, touch left together
5-8 Left rolling vine on LRL, touch right together

ROCKING CHAIR 1/4 TURN RIGHT X 2

- 1-2 Rock right forward, recover onto left
3-4 Turning 1/4 right rock right back, recover onto left
5-6 Rock right forward, recover onto left
7-8 Turning 1/4 right rock right back, recover onto left

ROCKING CHAIR 1/4 TURN RIGHT X 2

- 1-2 Rock right forward, recover onto left
3-4 Turning 1/4 right rock right back, recover onto left
5-6 Rock right forward, recover onto left
7-8 Turning 1/4 right rock right back, recover onto left

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