

# Taking Back My Life

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Lesley Clark (SCO) - March 2012  
音樂: You Had Me - Joss Stone : (CD: Mind, Body & Soul)



**Intro: 16 count intro, start on main vocals**

**Tag & Restart: On walls 4 and 9 dance up to counts 5&6 in section 2 add the tag and then restart**

## **Section 1: MAMBO, COASTER STEP, STEP, PIVOT, STEP, SHUFFLE FORWARD**

1&2            Rock forward on right, recover on left, step right next to left  
3&4            Step back on left, step right next to left, step forward on left  
5&6            Step forward on right, ½ turn left, step forward on right  
7&8            Step forward on left, step right next to left, step forward on left

## **Section 2: STEP, ¼ TURN, CROSS, ROCK, RECOVER, BEHIND, SIDE, CROSS, LOCK STEP BACK**

1&2            Step forward on right, ¼ turn left, cross step right over left  
3-4            Rock left out to left side, recover on right  
5&6            Step left behind right, step right to right side, cross step left over right \*\*\*\*\*  
7&8            ¼ turn left stepping back on right, lock left in front of right, step back on right

## **Section 3: COASTER STEP, SKATE, SKATE, MAMBO, SAILOR ¼ TURN**

1&2            Step back on left, step right next to left, step forward on left  
3-4            Skate forward right and left  
5&6            Rock forward on right, recover on left, step right next to left  
7&8            Sailor ¼ turn left

## **Section 4: ROCK, RECOVER, CROSS RIGHT & LEFT, LOCK STEP BACK, SAILOR ½ TURN**

1&2            Rock right out to right side, recover on left, cross step right over left  
3&4            Rock left out to left side, recover on right, cross step left over right  
5&6            Step back on right, cross left in front of right, step back on right  
7&8            Sailor ½ turn left

**TAG: Sway right & Left and the restart the dance**

**Start Again.....Happy Dancing.....**