

Coward of The County

拍數: 40 牆數: 4 級數: Beginner / Improver
編舞者: Carl Edwards (UK) - March 2012
音樂: Coward of the County - Kenny Rogers



Alternative tracks:-

“Just Can’t Get Enough” by The Saturdays (pop)

“Love Me” by Justin Bieber (pop)

“South of Santa Fe” by Brooks & Dunn (Country)

[1 – 8] Section One (2 walks, Right lock/shuffle, ½ pivot, 2 walks)

1, 2 Walk forward on Right foot then Left foot
3&4 Right step forward, close Left to Right, Step forward on Right
5, 6 Step forward on Left foot, Pivot ½ turn over Right shoulder
7, 8 Walk forward on Left foot then Right foot.

[9 – 16] Section Two (Left lock/shuffle, ¼ pivot, weave making ½ turn)

1&2 Left step forward, close Right to Left, Step forward on Left
3, 4 Step forward on Right foot, Pivot ¼ turn over Left shoulder
5, 6 Cross Right foot over Left, Step left to side making ¼ turn Right
7, 8 Step Right to side making ¼ turn Right, Cross Left foot over Right

[17 – 24] Section Three (1/2 Monterey Turn, heel-toe shuffle)

1, 2 Point Right toe to side, make ½ turn over Right shoulder stepping on to Right foot
3, 4 Point Left toe to side, Step Left foot next to Right
5, 6 Dig Right heel forward, Touch Right toe back
7&8 Right step forward, close Left to Right, Step forward on Right

[25 – 32] Section Four (heel/toe shuffle, pivot ½, shuffle forward)

1, 2 Dig Left heel forward, Touch Left toe back
3&4 Step forward on Left, close Right to Left, Step forward on Left
5, 6 Step forward on Right foot, Pivot ½ turn over Left shoulder
7&8 Step forward on Right foot, close Left to Right, Step forward on Right

[32 – 40] Section Five (full turn or walk, shuffle forward, full turn or rocking chair)

1, 2 Step Left foot back making ½ turn to Right, Step Right foot forward making ½ turn to Right.
(Easier Option: Walk forward on Left, Right)
3&4 Step forward on Left foot, close Right to Left, Step forward on Left foot
5, 6 Step Right forward, Pivot ½ turn over Left shoulder
7, 8 Step Right forward, Pivot ½ turn over Left shoulder

(Easier Option: Counts 5 – 8, Right rock forward, Recover on Left, Right rock back, Recover on Left foot)

Start again.