

# Losing Myself

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: David Sinfield (UK) - March 2012  
音樂: Losing Myself - Will Young



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## **SIDE ROCK, CROSS SHUFFLE, ROCK ¼ TURN, LEFT SHUFFLE**

1-2      Rock right to side, recover to left  
3&4      Crossing chassé right, left, right  
5-6      Rock left to side, step right into a ¼ turn right  
7&8      Chassé forward left, right, left

## **STEP POINT, SAILOR SHUFFLE, BEHIND, POINT, CROSS SHUFFLE**

1-2      Step forward right, point left to left  
3&4      Step left behind right, step right to right, step left to left  
5-6      Step left behind right, point left to left  
7&8      Crossing chassé left, right, left

## **SIDE, CLOSE, SHUFFLE ¼ TURN RIGHT, STEP PIVOT, SHUFFLE ½ RIGHT**

1,2      Step right to right side, cross left behind right  
3&4      Step right to right side, close left beside right, make a ¼ turn right stepping forward on right  
5,6      Step forward on left, make a ½ turn right.  
7&8      Shuffle ½ turn right stepping left, right, left

## **½ TURN RIGHT, POINT, SAILOR SHUFFLE, BEHIND, SIDE, PADDLE TURN ¼ LEFT**

1-2      Make a ½ turn right stepping right to right side, point left to left  
3&4      Step left behind right, step right to right, step left to left  
5-6      Cross right behind left, step left to left  
7&8      Paddle ¼ turn left with hip rolls, touch right beside left

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