

Losing Myself

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: David Sinfield (UK) - March 2012
音樂: Losing Myself - Will Young



SIDE ROCK, CROSS SHUFFLE, ROCK ¼ TURN, LEFT SHUFFLE

1-2 Rock right to side, recover to left
3&4 Crossing chassé right, left, right
5-6 Rock left to side, step right into a ¼ turn right
7&8 Chassé forward left, right, left

STEP POINT, SAILOR SHUFFLE, BEHIND, POINT, CROSS SHUFFLE

1-2 Step forward right, point left to left
3&4 Step left behind right, step right to right, step left to left
5-6 Step left behind right, point left to left
7&8 Crossing chassé left, right, left

SIDE, CLOSE, SHUFFLE ¼ TURN RIGHT, STEP PIVOT, SHUFFLE ½ RIGHT

1,2 Step right to right side, cross left behind right
3&4 Step right to right side, close left beside right, make a ¼ turn right stepping forward on right
5,6 Step forward on left, make a ½ turn right.
7&8 Shuffle ½ turn right stepping left, right, left

½ TURN RIGHT, POINT, SAILOR SHUFFLE, BEHIND, SIDE, PADDLE TURN ¼ LEFT

1-2 Make a ½ turn right stepping right to right side, point left to left
3&4 Step left behind right, step right to right, step left to left
5-6 Cross right behind left, step left to left
7&8 Paddle ¼ turn left with hip rolls, touch right beside left
