

Friends

COPPER KNOB
BY STEPHEN

拍數: 32

牆數: 4

級數: Easy Intermediate / Intermediate -
WC



編舞者: Maria Maag (DK) - March 2012

音樂: Friends (feat. Rock Mafia) - Aura Dione : (Album : Before the Dinosaurs)

Intro: 16 counts from first beat in music, Weight is on L

Note : No tags and No restarts

[1 – 8] Walk R L, anchor sweep, behind ¼ R, scissor flick ¼ R

- 1-2 Walk fw. R (1), walk fw. L (2) 12:00
3&4 Step R behind L (3), step L next to R (&), step R back and sweep L Back (4) 12:00
5-6 Cross L behind R (5), turn ¼ R stepping R fw. (6) 03:00
7&8 Step L fw. (7), step R next to L and flick L and make a ¼ R (&), cross L over R (8) 06:00

[9 – 16] Step drag, kick ball change, hip bomb L R turn ¼ L, step ½ turn L step

- 1-2 Take a big step R on R (1), drag L next to R (2) 06:00
3&4 Kick L diagonally L (3), step L next to R (&), cross R over L (4) 06:00
5&6 Point L to L side. and do a hip bomb L (5), hip bomb R (&), turn ¼ L stepping down L (6) 03:00
7&8 Step R fw. (7), turn ½ L stepping L fw. (&), step R fw (8) 09:00

[17 – 24] Rock recover sweep, sailor ½ turn L, step ½ turn R ½ turn R, triple ½ turn R

- 1-2 Rock L fw. (1), recover R and sweep L back (2) 09:00
3&4 Cross L behind R (3), turn ¼ L and cross R over L (&), turn ¼ L stepping fw. L (prep.)(4) 03:00
5-6 Make a ½ turn R stepping R fw. (5), make a ½ turn R stepping back L (6) 03:00
7&8 Turn ¼ R stepping R to side (7), cross L over R (&), turn ¼ R stepping R fw. and press on ball of R (R shoulder pointing fw.)(8) 09:00

[25 – 32] Pop shoulders and kick, cross back ¼ R, cross full unwind R, ¼ turn R tap step

- 1&2 Pop L shoulder up and R shoulder down (1) pop R shoulder up and L shoulder down (&) pop L shoulder up and R shoulder down and step down L and kick R fw. (2) 09:00
3&4 Cross R over L (3), step back L (&), turn ¼ R stepping R to side (4) 12:00
5-6 Cross L over R (5), full unwind R stepping on to L and sweep R (6) 12:00
7&8 Turn ¼ R stepping back R (7), tap L in front of R (&), step L fw. (8) 03:00

Ending Wall 11 : make a ½ turn R stepping fw. R (1)

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