

Alligator Shuffle (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: High Beginner - Partner / Circle
編舞者: Dan Albro (USA) - February 2011
音樂: Jumpin' the Jetty - Coastline : (CD: Sneakin' Out Back)



OR - any WCS feel song with a similar bpm.

Starting Position: Facing FLOD, Two Hand Hold, man inside, lady outside
Mans right hand, ladies left, Mans footwork described, Ladies footwork opposite.

[1-8] SHUFFLE FWD, SHUFFLE FWD, SHUFFLE ½, SHUFFLE BACK

1&2 Step fwd R, step L next to R, step fwd R
3&4 Step fwd L, step R next to L, step fwd L
5&6 Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R
Hands drop mans right, ladies left...then pick up ladies right in mans left
7&8 Step back L, step R next to L, step back L

[9-16] ROCK, STEP, ½ PIVOT, ROCKING CHAIR

1,2,3,4 Rock back R, step fwd L, step fwd R, pivot ½ left weight on L
Hands drop mans left, ladies right...then pick up ladies left in mans right
5,6,7,8 Rock fwd R, replace weight on L, rock back R, replace weight on L

[17-24] STEP, LOCK, STEP, BRUSH, STEP, LOCK, STEP, BRUSH

1,2,3,4 Step fwd R, lock L behind R, step fwd R, brush fwd L
5,6,7,8 Step fwd L, lock R behind L, step fwd L, brush fwd R

[24-32] SIDE LYNDY, ROCK, STEP, SIDE LYNDY, ROCK, STEP (LADIES CROSS IN FRONT, MEN CROSS BEHIND)

1&2,3,4 Step side R, step L next to R, step side R, rock back on L, replace weight on R
Hands drop mans right, ladies left...pick up ladies right in mans left on rock step
(LADIES CROSS BEHIND, MEN CROSS IN FRONT)
5&6,7,8 Step side L, step R next to L, step side L, rock back on R, replace weight on L
Hands drop mans left, ladies right...pick up ladies left in mans right on rock step

Repeat & Paula says...."stomp and yell YEAH HAW."

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