

Early in The Mornin'

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 4 級數: Improver - Non Country
編舞者: Maryloo (FR) - October 2010
音樂: Early In the Morning - Cyndi Lauper : (Album: Memphis Blues)



Intro : 16+16 counts

SIDE, TOGETHER, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE

1-2 Step right to side, step left together
3&4 Shuffle to right side (right, left, right)
5-6 Cross rock left over right, recover on right
7&8 Shuffle to left side (left, right, left)

BACK ROCK, SHUFFLE FORWARD, ROCK FORWARD, COASTER

1-2 Rock right back, recover to left,
3&4 Shuffle forward (right, left, right)
5-6 Rock left forward, recover to right
7&8 Step left back, step right together, step left forward

ROCK & CROSS (R.L.), JAZZ BOX ¼ TURN RIGHT,

1&2 Rock right to side, recover to left, cross right over left
3&4 Rock left to side, recover to right, cross left over right
5-8 Cross right over left, ¼ turn right and step left back, step right right side, step left forward

TOE POINTS (R.L.R.), HOLD, 1/4 TURN RIGHT STEPPING RIGHT FORWARD, ½ TURN RIGHT STEPPING LEFT BACK , ¼ TURN RIGHT & SHUFFLE RIGHT SIDE

1&2&3 Touch right toe out to right side, step right together, touch left toe out to left side, step left together, touch right toe out to right side
4 Hold
5-6 Turn ¼ right and step right forward, turn ½ right and step left back
7&8 Turn ¼ right and shuffle to right side (right, left, right)

TOE POINTS (L.R.L.), HOLD, 1/4 TURN LEFT STEPPING LEFT FORWARD, ½ TURN LEFT STEPPING RIGHT BACK , ½ TURN LEFT & SHUFFLE FORWARD

1&2&3 Touch left toe out to left side, step left together, touch right toe out to right side, step right together, touch left toe out to left side
4 hold
5-6 Turn 1/4 left and step left forward, turn ½ left and step right back
7&8 Turn 1/2 left and shuffle forward (left, right, left)

JAZZ BOX ¼ TURN RIGHT, KICK BALL CROSS (TWICE)

1-4 Step right over left, step left back, turn ¼ right and step right to side, step left forward
5&6 Kick right forward, step ball of right beside left, cross left over right
7&8 Kick right forward, step ball of right beside left, cross left over right