

# One Man Woman

**COPPER** **KNOB**  
BY STEPHEN BRETZ

拍數: 64      牆數: 4      級數: Intermediate - WCS  
編舞者: Maryloo (FR) - March 2012  
音樂: One Man Woman - The Judds : (CD: River of Time.)



## **SIDE TOUCH , RECOVER, MODIFIED MONTEREY TURN ¼ RIGHT, SPIN TO LEFT WITH SWEEP ( FULL TURN)**

1,2      Point left to side, step left together  
3,4      Point right to side, turn ¼ right and step right together  
5,6      Point left to side, drop left on place  
7,8      Full turn: Spin on left to left with sweeping right foot

## **SIDE MAMBO (R.L.), COASTER STEP, SHUFFLE FORWARD**

1&2      Rock on right to side, recover on left, step right together  
3&4      Rock on left to side, recover on right, step left together  
5&6      Step right back, step left together, step right forward  
7&8      Shuffle forward ( L.R.L.)

## **STEP RIGHT TO SIDE, HOLD, TOGETHER ,STEP RIGHT TO SIDE, HOLD,CROSS ROCK, SAILOR ¼ TURN LEFT**

1,2      Step right to side, hold  
&3,4      Step left next to right, step right to side, hold  
5,6      Cross left over right, recover on right  
7&8      ¼ turn left crossing left behind right, step right to right, step left slightly forward

## **TOUCH & BUMP , DROP, ½ TURN LEFT , TOUCH & BUMP , DROP , KICK BALL STEPS (2X)**

1,2      Touch right toe forward bumping right hip forward, drop right in place  
3,4      ½ turn left touch left toe forward bumping left hip forward, drop left in place  
5&6      Kick right forward, step back on ball of right, step left forward  
7&8      Kick right forward, step back on ball of right, step left forward

## **ROCKING CHAIR , PIVOT ½ TURN LEFT, SHUFFLE FORWARD,**

1,2      Rock forward right, recover on left  
3,4      Rock back right, recover on left  
5,6      Step right forward, ½ turn left (weight on left)  
7&8      Shuffle forward ( R.L.R.)

## **FULL TURN, SHUFFLE FORWARD, SIDE MAMBO ( R.L.),**

1      .2 Turn ½ right stepping left back , turn ½ right stepping right forward  
3&4      Shuffle forward (L.R.L.)  
5&6      Rock right to side, recover on left, step right next to left  
7&8      Rock left to side, recover on right, step left next to right,

## **JAZZ BOX , JAZZ BOX 1/4 TURN RIGHT,**

1,2      Cross right over left, step left back  
3,4      Step right to right, step left next to right  
5,6      Cross right over left, ¼ turn to right stepping left back  
7,8      Step right to right, step left next to right

## **VAUDEVILLES STEPS (R.L.), DIAGONAL HEEL SWITCHES BACKWARD**

1&2&      Cross right over left, step left to side, touch right heel diagonally forward, step right back to place  
3&4      Cross left over right, step right to side, touch left heel diagonally forward,

- &5 Step left back, touch right heel diagonally forward
- &6 Step right back, touch left heel diagonally forward,
- &7 Step left back, touch right heel diagonally forward
- &8 Step right back, step left heel diagonally forward

**EASY TAGS : swivels to left and right**

**At the end of the 1st wall : make swivels on 12 counts**

**At the end of the 2nd wall, make swivels on 4 counts**

**At the end of the 4th wall, make swivels on 8 counts**

**At the end of the 5th and 6th wall, make swivels on 4 counts**

**Option : The swivels can be replace by “knee pops”**

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