

Foot In My Mouth

拍數: 32 牆數: 4 級數: Beginner
編舞者: Barbara R. K. Wallace (CAN) - March 2012
音樂: Mouth - Neal McCoy



TOUCH RIGHT TOE OUT, IN, OUT, STEP BEHIND SIDE CROSS, TOUCH LEFT TOE OUT, IN, OUT, STEP BEHIND SIDE AND TURN ¼ RIGHT

1&2 Touch right toe to side, touch right toe beside left, touch right toe to side
3&4 Step right behind, step side left, cross right over left
5&6 Touch left toe to side, touch left toe beside right, touch left toe to side
7&8 Step left behind, step side right, make ¼ turn right and step forward on left

MODIFIED CHARLESTON, LEFT COASTER BACK, MODIFIED CHARLESTON, LEFT COASTER BACK

1,2 Touch right toe forward, step back on right
3&4 Step back left, step right together, step forward left
5,6 Touch right toe forward, step back on right
7&8 Step back left, step right together, step forward left

RIGHT LOCK STEP AND SCUFF, LEFT TRAIN, LEFT LOCK STEP AND SCUFF, RIGHT TRAIN

1&2& Step forward right, lock left behind right, step forward right, scuff left
3&4& Rock forward left, recover right, rock back left, recover right
5&6& Step forward left, lock right behind left, step forward left, scuff right
7&8& Rock forward right, recover left, rock back right, recover left

PIVOT ¼ TURN LEFT, PIVOT ¼ TURN LEFT, RIGHT JAZZ BOX

1,2 Step forward right, make ¼ turn left transferring weight to left
3,4 Step forward right, make ¼ turn left transferring weight to left
5-8 Cross right over left, step back left, step side right, step together left

More challenging version for counts 5-8

Vaudeville Steps

5&6&7&8& Cross right over left, step back left, touch right heel forward, step together on right, cross left over right, step back right, touch left heel forward, step together on left

At the end of the sixth sequence, the music slows down and pauses after Neal sings "that her became a him". Music starts up again and restart the dance from the beginning.

REPEAT
