

# No Good Girl

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Jonathan Williamson (UK) - March 2012  
音樂: Good Girl - Carrie Underwood : (Single)



**Dance start: Count 32 from beginning of track (Start at 15 Seconds)**

## **R Side Rock, Recover, R Cross Shuffle, ¼ Turn ¼ Turn, L Forward Shuffle**

1-2            Rock right to right side, recover weight back on left  
3&4           Cross right over left, step left to left side, cross right over left  
5-6           ¼ turn right, stepping back left, ¼ turn right, stepping forward right  
7&8           Step forward left, step right besides left, step forward left

## **Walk R L, R Shuffle, L Rock, Recover, L Behind Side Cross**

1-2            Walk forward right, left  
3&4           Step forward right, step left besides right, step forward right  
5-6           Rock forward left, recover weight back on right  
7&8           Step left behind right, Step right to right side, cross left over right

**(Restart here wall 3)**

## **R Side, Together, R Chasse ¼ Turn, L Step ½ Pivot, L Step ¼ Turn**

1-2            Step right to right side, step left besides right  
3&4           Step right to right side, step left besides right, ¼ turn right, stepping forward right  
5-6           Step forward left, ½ turn right  
7-8           Step forward left, ¼ turn right

## **L Cross Point, R Cross Point, L Jazz Box ¼ Turn, R Scuff Forward**

1-2            Cross left over right, point right to right side  
3-4           Cross right over left, point left to left side  
5-6           Cross left over right, Step back right,  
7-8           ¼ turn left, stepping forward left, Scuff right forward

## **Hip Bumps Forward x2, Back x2, Forward, Back, Forward x2**

1-2            Stepping forward right, bump hips forward twice  
3-4           Bump hips back twice  
5-6           Bump hips forward, back  
7-8           Bump hips forward twice

## **L Step, R Touch, Back R Shuffle, L Sailor ¼ Turn, R Forward Shuffle**

1-2            Step forward left, touch right besides left  
3&4           Step back right, step left besides right, step back right  
5&6           Cross left behind right, ¼ turn left stepping right next to left, step forward left  
7&8           Step forward right, step left besides right, step forward right

## **Walk L R, L Shuffle, R Rock, Recover, R Sailor ½ turn**

1-2            Walk forward left, right  
3&4           Step forward left, step right besides right, step forward left  
5-6           Rock forward right, recover weight back on left  
7-8           Cross right behind left, make ½ turn right stepping left next to right forward right

## **Walk L R, L Kick Ball Point, R Sailor Step, L Sailor Step**

1-2            Walk forward Left, Right  
3&4           Kick left forward step left besides right, point right to right side

5&6            Cross right behind left, step left besides right, step forward right  
7&8            Cross left behind right, step right besides left, step forward left

**Restarts: Restart after step 16 on wall 3.**

**Contact: Email me: [willand@talktalk.net](mailto:willand@talktalk.net). - Website: [www.feetaflame.talktalk.net](http://www.feetaflame.talktalk.net)**

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