Tonight I'm Your Captain

級數: Easy Intermediate

編舞者: Rep Ghazali (SCO) - March 2012

音樂: Your Captain Tonight - Elena

40 count intro start on vocal,

拍數: 32

[01-08] RIGHT SIDE-HOLD, AND-SIDE ROCK RIGHT-RECOVER, AND-OUT-OUT, LEFT SIDE SHUFFLE

- 1-2 step Right to Right side, hold
- &3-4 step Left together, rock Right to Right side, recover on Left
- &5-6 step Right together, step Left out forward, step Right out forward (shoulder apart)
- 7&8 step Left to Left side, step Right together, step Left to Left side

[09-16] CROSS-BACK, RIGHT ¼ TURN SHUFFLE, LEFT TRIPLE ½ TURN, ¼ TURN SIDE ROCK RIGHT-RECOVER

- 1-2 cross Right over Left, step back Left (stick burn out)
- step Right to Right side, step Left together, 1/4 turn Right stepping forward on Right (3) 3&4
- 5&6 triple $\frac{1}{2}$ turn Right by stepping Left-Right-Left on the spot (9)
- 7-8 making ¹/₄ turn Right by rocking Right to Right side, recover on Left (12)

ENDING: 12th wall start facing 9 o'clock change count 15-16 to:

1/2 turn Right by stepping forward on Right to face front wall, step forward Left

[17-24] RIGHT CROSS-HOLD, BALL-CROSS-KICK ¼ TURN, LEFT COASTER, OUT-OUT

- 1-2 cross Right over Left, hold
- &3-4 step Left slightly to Left side, cross Right over Left, kick Left forward making 1/4 turn Left (9)
- 5&6 step back Left, step Right together, step forward Left
- 7-8 step Right out forward, step Left out forward (shoulder apart)

[25-32] RIGHT ¼ TURN SHUFFLE BACK, LEFT SIDE SHUFFLE, RIGHT ¼ TURN SIDE SHUFFLE, LEFT SIDE MAMBO

- 1&2 step Right to Right side, step Left together, ¼ turn Left stepping back on Right (6)
- 3&4 step Left to Left side, step Right together, step Left to Left side
- 5&6 1/4 turn Left by stepping Right to Right side, step Left together, step Right to Right side (3)
- 7&8 rock Left to Left side, recover on Right, step Left together (3)

TAG: ADD 4 COUNT TAG AT THE END OF WALL 6 (FACING BACK WALL)

- 1-2 hip bumps to Right twice ending weight on Right
- 3-4 hip bumps to Left twice ending weight on Left

ENDING: 12th wall start facing 9 o'clock change count 15-16 to:

¹/₂ turn Right by stepping forward on Right to face front wall, step forward Left





牆數: 4