

Seasons of The Wind

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Improver
編舞者: Conor McVeigh (UK) - March 2012
音樂: Season Of The Wind - The Bellamy Brothers : (Album: Howard and David, track 2)



16 count intro

SECTION 1: WALK, WALK, SHUFFLE FORWARD, ROCK, SAILOR ¼ TURN.

1, 2 Walk forward right, Walk forward left
3&4 Step right forward, step left next to right, step right forward
5, 6 Left rock forward and recover
7&8 Step left behind right making ¼ turn to the left, step right next to left and step left forward (facing 9 O'Clock)

SECTION 2: HEEL, TOE, SHUFFLE FORWARD, HEEL, TOE, KICK OUT OUT

1, 2 Point right heel forward, point right toe back
3&4 Step right forward, step left next to right, step right forward
5,6 Point left heel forward, point left toe back
7&8 Kick left foot forward, step out left, step out right (facing 9 O'Clock)

SECTION 3: SWAY, SWAY, SAILOR ¼ TURN, WALK, WALK, KICK OUT OUT

1, 2 Sway left, Sway right
3&4 Step left behind right making ¼ turn to the left, step right next to left and step left forward
5,6 Walk forward right, Walk forward left
7&8 Kick right foot forward, step out right, step out left (facing 6 O'Clock)

SECTION 4: BEHIND, SIDE, CROSS SHUFFLE, STEP ¼, LEFT SHUFFLE

1,2 Step right behind left, Step left to left side
3&4 Cross right across left and shuffle
5,6 Step left and make a ¼ turn to the right
7&8 Step left forward, step right next to left, step left forward (facing 9 O'Clock)
