

Please Remember

COPPER KNOB
BY STEPHEN BRETZ

拍數: 48 牆數: 2 級數: Intermediate / Advanced
編舞者: Jodie Lavinia Cope (UK) - March 2012
音樂: Please Remember - LeAnn Rimes



Count in: About 17 counts from start of track. Begin on vocals "time"

(1 - 8) Prissy walks forward, , rock & recover, prissy walks back, drag, Back rock recover, step pivot , cross

- 1 Prissy walk forward stepping right foot slightly across Left foot(1). Step left foot
- & 2 forward slightly across right(&). Step right foot forward slightly across right(2).
- 3 Rock forward on left foot(3).
- & 4 Recover weight onto right foot(&). Step left foot back slightly behind right(4).
- & Step right foot back slightly behind left(&).
- 5 Step left foot back slightly behind right(5).
- 6 Drag right toe back and Rock back on right foot(6).
- & 7 Recover weight onto left foot(&). Step forward on right foot(7).
- & 8 Pivot 1/4 turn left putting weight on left foot(&). Cross right over left(8). 9:00

(9-16) Side, behind, Sweep, Behind, Side, Cross, side rock & recover, cross, side, behind 1/4 turn left, Rock forward, recover, 1/2 turn right, step pivot 1/2 turn step.

- & 1 Step left to left side(&). Cross right behind left(1).
- 2 Sweep left foot from in front to behind right step left foot behind right(2).
- & 3 Step right to right side(&). Cross left over right(3).
- & 4 Rock right to right side(&). Recover weight onto left foot(4).
- & 5 Cross right over left(&). Step left to left side(5)
- & 6 Cross right behind left foot(&). Make a 1/4 turn left stepping forward on left foot(6)6:00
- & 7 Rock forward on right(&). Recover weight onto left foot(7).
- & Make a 1/2 turn right stepping forward on right(&). 12:00
- 8 & Step forward on left foot(8). Pivot 1/2 turn right moving weight onto right foot(&) 6:00

(17-24) step, step, rock forward and recover, Back left lock step, Back right lock step. Rock back and recover, Prissy walks forward left, right

- 1 - 2 Step forward on left foot(1). Step forward on right foot(2).
- 3 & Rock forward on left foot(3). Recover weight onto right foot(&)
- 4 & 5 Step back on left foot(4). Lock right foot over left(&). Step back on left foot(5).
- & 6 & Step back on right foot(&). Lock left foot over right(6). Step back on right foot(&).
- 7 & Rock back on left foot(7). Recover weight onto right foot(&).
- 8 & Step left foot forward across right foot(8) Step right foot forward across left foot(&)

(25-32) Prissy walk forward left, Rock and Recover 1/2 turn right, sweep across, Side, Behind rock step & recover, Side, Behind, 1/4 left, Rock and recover, 1/2 turn right

- 1 Step left foot forward across right foot(1).
- 2 & Rock forward on right foot(2). Recover weight back onto left foot(&)
- 3 Make a 1/2 turn right stepping forward on right foot(3). 12:00
- 4 Sweep left foot from behind left to in front and cross left foot over right(4)
- & 5 Step right to right side(&). Rock left foot behind right(5).
- & 6 Recover weight onto right foot(&). Step left to left side(6).
- & 7 Cross right foot behind left(&). Make a 1/4 turn left stepping forward on left 9:00
- & foot(7). Rock forward on right foot(&).
- 8 & Recover weight onto left foot(8). Make 1/2 turn right stepping forward on right foot(&) 3:00

(33-40) Step forward left, right, Rock forward and recover. Back left lock step, 1.2 turn shuffle right, Step, pivot

¼ turn right.

- 1 – 2 Step forward on left(1) Step forward on right foot(2).
3 & Rock forward on left foot(3) Recover weight onto right foot(&).
4 & 5 Step back on left foot(4) Lock right over left foot(&). Step back on left foot(5).
6 Make 1/2 turn shuffle right. Stepping forward on right(6). 9:00
& 7 step left next to right foot(&). Step right foot forward(7).
8 & Step forward on left foot(8). Pivot 1/4 turn right placing weight onto right foot(&). 12:00

(41-48) Cross, Side, Behind, ¼ right, Step, ¼ right, Cross, Side rock and recover, Forward rock and recover, Back rock and recover

- 1 – 2 Cross left foot over right(1). Step right to right side(2).
& Cross left behind right foot(&)
3 - 4 Make 1/4 turn right stepping forward on right foot(3) Step forward on left foot(4). 3:00
& 5 Make a 1/4 turn right stepping right to right side(&).Cross left over right(5) 6:00
6 & Rock right to right side(6). Recover weight on left foot(&).
7 & Rock right foot forward(7). Recover weight onto left foot(&).
8 & Rock right foot back(8). Recover weight onto left foot(&).

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Last Revision - 27th March 2012
