

Crush

拍數: 63 牆數: 2 級數: Intermediate
編舞者: Jodie Lavinia Cope (UK) - March 2012
音樂: Crush - Jennifer Paige



(1 - 9) Side, Back rock, Recover, Side shuffle 1/4 turn left, Step pivot 1/2 turn left, Right lock step.

- 1 - 2 Step right to right side(1). Rock left behind right(2).
- 3 - 4 Recover weight onto right foot(3) Step left to left side(4).
- & 5 Step right next to left(&). Make a 1/4 turn left stepping left foot forward(5). 9:00
- 6 - 7 Step forward on right(6). Pivot 1/2 turn left transferring your weight onto your left foot(7). 3:00
- 8 & 1 Step forward on right(8). Lock left behind right(&). Step forward on right(1).

(10-17) Rock forward, Recover, Back lock step, back lock step, Rock back, Recover, Cross.

- 2 - 3 Rock forward on left foot(2). Recover weight onto right(3).
- 4 & Step back on left foot(4). Lock right over left foot(&).
- 5 Step back on left foot(5).
- 6 & Step back on right foot(6). Lock left over right foot(&).
- 7 Step back on right foot(7).
- 8 & 1 Rock back on left(8). Recover weight onto right foot(&). Cross left foot over right(1).

(18-25) Side rock and Cross, Side rock and cross, Step forward, Cross 1/4 turn left, Cross

- 2 & 3 Rock right to right side(2). Recover weight onto left foot(&). Cross right over left(3).
- 4 & 5 Rock left to left side(4). Recover weight onto right foot(&). Cross left over right(5).
- 6 - 7 Step forward on right foot(6). Cross left over right(7).
- 8 & 1 Step back on right foot(8). Make a 1/4 turn left stepping left to left side(&). Cross right foot over left(1). 12:00

(26-32) Side, Behind and Cross, Side, Back rock, Recover, 1/4 turn right, Step forward.

- 2 - 3 Step left to left side(2). Step right behind left(3).
- & 4 Step left to left side(&). Cross right over left(4).
- 5 - 6 Step left to left side(5). Rock right behind left(6).
- & 7 Recover weight onto left foot(&). Make a 1/4 turn right stepping forward on right foot(7). 3:00
- 8 Step forward on left(8).

(33- 40) Tap & Touch, Tap & Touch and Side rock, Behind side cross,

- 1 & Tap right toe next to left foot(1)(*). Step right foot back(&).
- 2 & Touch left toe forward(2). Step left foot next to right(&).
- 3 & Tap right toe next to left foot(3). Step back on right foot(&).
- 4 & Touch left toe forward(4). Step left foot next to right(&).
- 5 - 6 Rock right to right side(5). Recover weight onto left foot(6).
- 7 & 8 Step right foot behind left(7). Step left to left side(&). Cross right foot over left(8).

(41-48)Side rock, recover, Behind side cross, Side, Cross, Step back and cross.

- 1 - 2 Rock left to left side(1). Recover weight onto right foot(2).
- 3 & 4 Cross left foot behind right(3). Step right to right side(&). Cross left foot over right(4).
- 5 - 6 Step right to right side(5). Cross left foot over right(6).
- 7 & Step back on right foot(7). Step left foot to left side(&).
- 8 Cross right foot over left(8).

(49-56) Side shuffle ¼ right, Rock back, Recover, Walk right, left, Right Shuffle, Cross over.

- 1 & 2 Step left to left side(1). Step right foot next to left(&). Make a 1/4 turn right stepping back on left foot(2). 6:00

- 3 & Rock back on right foot(3). Recover weight onto left foot(&).
- 4 - 5 Walk forward right(4) Walk forward left(5).
- 6 & 7 Step forward on right(6). Step left foot next to right(&). Step forward on right foot(7).
- 8 Cross left foot over right(8).

(57-63) Back, Side, Cross, Side Shuffle, Rock back recover.

- 1 - 2 Step back on right foot(1). Step left to left side(2).
- 3 Cross right foot over left(3).
- 4 & 5 Step left foot to left side(4). Step right in place next to left(&). Step left foot to left side(5).
- 6 - 7 Rock right foot behind left(6). Recover weight onto left foot(7).

***Tag: - On walls 2 and 4 After count 33. The music will change slightly. Add the tag below. Then restart the dance from the beginning.**

Right lock step, Rock forward & recover, Back lock step, Step, pivot ½ turn left.

- 1 & 2 Step forward on right foot(1). Lock left foot behind right(&). Step forward on right foot(2).
- 3 & 4 Rock forward on left foot(3). Recover weight onto right foot(&). Step back on left foot(4).
- 5 & 6 Step back on right foot(5). Lock left foot over right(&). Step back on right foot(6).
- 7 - 8 Step back on left foot(7). Pivot ½ turn left keeping weight on left foot(8).

Right lock step, Rock and recover, Back lock step, Step, pivot ¾ turn left.

- 1 & 2 Step forward on right foot(1). Lock left foot behind right(&). Step forward on right foot(2).
- 3 & 4 Rock forward on left foot(3). Recover weight onto right foot(&). Step back on left foot(4).
- 5 & 6 Step back on right foot(5). Lock left foot over right(&). Step back on right foot(6).
- 7 - 8 Step back on left foot(7). Pivot ¾ turn left keeping weight on left foot(8).

Count in: 33. Start on vocals " See you blowing me a kiss"
