

Sad Promise

拍數: 64 牆數: 4
編舞者: Sally Hung (TW) - March 2012
音樂: Sad Promise - Davichi

級數: Phrased Easy Intermediate



Start the dance 16 counts after the music starts - Sequence of dance: AABBB/ABBBA/* BB Tag *

Tag

1-4 Step R fwd, pivot ½ turn L, step R fwd, pivot ½ turn L

* (4-count) Pose

AI. POINT, KICK, TOE STRUTS X3(R-L-R)

1-4 Point R behind L heel, kick R forward, touch R toes back, step R heel in place
5-8 Touch L toes back, step L heel in place, touch R toes back, step R heel in place

AII. JAZZ BOX, ½ L TURN TRIPLE STEPS, SIDE TOGETHER

1-4 Step R to the R, cross L over R, step R the side, step L to the L
5&6,7,8 ½ L turn triple steps on RLR, step L beside R, step R in place

AIII. STEP POINT R & L, ROCK RECOVER, COASTER STEP

1-4 Step R fwd, point L a big step to L side, step L fwd, point R a big step to R side
5,6,7&8 Rock R fwd, recover on L, coaster step on RLR

AIV. ROCK RECOVER, ¼ L TURN, COASTER STEP, TOE STRUT X2

1,2,3&4 Rock L fwd, recover on R, ¼ L turn coaster step on LRL
5-8 Touch R toes fwd, step R heel in place, touch L toes fwd, step L heel in place

BI. STEP TO R SIDE-SHAKE UPPER BODY TWICE

1-4 Step R to side, weight shift to L, shake upper body fwd twice
5-8 Step R to side, weight shift to L, shake upper body fwd twice

BII. RUMBA BOX FWD, CLOSE TOUCH, SLIDE TOUCH

1-4 Step R fwd, touch L beside R, step L to L, touch R beside L
5-8 Slide R to R, slide R beside L, slide R to R, touch L beside R

BIII. RUMBA BOX BACK, CLOSE TOUCH, SIDE ROCK, KICK

1-4 Step R back, touch L beside R, step L to L, touch R beside L
5-8 Step R to R, weight on R,L,R, kick L diagonal R fwd

BIV. SIDE ROCK, KICK, PIVOT ¼ L TURN, PIVOT ½ L TURN

1-4 Step L to L, weight on L,R,L, kick R diagonal L fwd
5-8 Step R fwd, pivot ¼ L turn, step R fwd, pivot ½ L turn

HAPPY DANCING

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