

Golden Days

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Francien Sittrop (NL) - March 2012
音樂: Just for You (feat. Billy Currington) - Lionel Richie : (Album: Tuskegee, Deluxe version)



Intro : Start after 32 counts from the beginning

[1 – 9] Step Fwd, Cross Rock Recover, Sailor Step, Cross, ¼ L, Sailor cross ¼ L

1 – 3 Step L Diag L fwd, Rock R fwd, Recover on L
4 & 5 Sweep R behind L, Step L next to R , Step R to R side
6 – 7 Step L across R, ¼ Turn L step R back
8 & 1 Sweep L behind R with ¼ Turn L, Step R to R side, Step L across R (06.00)

[10-17] Hold, & Cross & Cross , Side , Rock Back Recover, Kick Ball Cross

2 Hold
&3&4 Step R to R side, Step L across R, Step R to R side, Step L across R
5 – 7 Step R to R side, Rock L behind R, Recover on R
8 & 1 Kick L fwd , Step L next to R . Step R across L

[18-24] Hold, & Cross, Side, Coaster Step, Shuffle Fwd

2 Hold
&3-4 Step L to L side, Step R across L, Step L to L side
5 & 6 Step R back , Step L next to R, Step R fwd
7 & 8 Step L fwd, Step R next to L , Step L fwd

[25-32] Rock Recover, Full Turn R back, Coaster Step, Side Rock Recover

1 – 2 Rock R fwd, Recover on L
3 – 4 ½ Turn R step R fwd, ½ Turn R step L back
5 & 6 Step R back, Step L next to R, Step R fwd
7 – 8 Rock L to L side, Recover on R

R Wall 6

[33-40] & Touch, Monterey ½ R , Touch , ¼ R with Flick, Shuffle fwd, Rock Recover

&1-2 Step L next to R, Touch R to R side, ½ Turn R step R next to L (12.00)
3 – 4 Touch L to L side, Flick L back with ¼ turn R (03.00)
5 & 6 Step L fwd, Step R next to L, Step L fwd
7 – 8 Rock R across L, Recover on L

[41-48] ¼ R, ½ R, ¼ R into Chasse, Jazz Box with Cross

1 – 2 ¼ Turn R step R fwd, ½ Turn R step L back
3 & 4 ¼ R step R to R side, Step L next to R, Step R to R side
5 – 8 Step L across R, Step R back, Step L to L side , Step R across L

**** R ****Walls 1, 2, 3

[49-56] Side Rock Recover , Cross Shuffle, ¼ R with Skates, Shuffle fwd

1 – 2 Rock L to L side, Recover on R
3 & 4 Step L across R, Step R to R side, Step L across R
5 – 6 ¼ Turn R Skate R fwd, Skate L fwd (06.00)
7 & 8 Step R fwd, Step L next to R, Step R fwd

[57-64] Rock Recover, Triple Full Turn L, Rock Recover , Shuffle ¾ R

1 – 2 Rock L fwd, Recover on R

3 & 4 Triple Full Turn L with L,R,L (or Coaster Step)
5 – 6 Rock R fwd, Recover on L
7 & 8 Triple $\frac{3}{4}$ Turn R (03.00)

Restarts:

During Walls 1,2,3 After count 48. Start again with count 1

During Wall 6 after count 32. Start again with count 1

Ending: Dance ends at 3.00 wall with the Jazz Box. Make $\frac{1}{4}$ L to face the front wall again

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