

Maiden of Alisan

拍數: 164 牆數: 1 級數: Phrased Improver
編舞者: Philip Yong (SG) - March 2012
音樂: Maiden of Alisan (阿里山的姑娘) - Timi Zhuo (卓依婷)



Start – 8 counts from hard beat - Dance Sequence: A, Tag, B, C, A, TAG, B, Ending

SECTION A: 36 Counts (32+4)

Section 1

1-4 Step R to right side, Together, Step R to right side, Touch L
5-8 Step L to left side, Together, Step L to left side, Touch R

Section 2

1-2 R side rock, Recover L
3&4 R cross over L, Side, Cross
5-6 L side rock, Recover R
7&8 L cross over R, Side, Cross

Section 3

1-2 R step, Kick L across R
3-4 L step, Kick R across L
5-8 R cross rock, Recover L, ¼ R turn, Cross

Section 4

1-4 R rolling vine, touch L & clap
5-8 L rolling vine, touch R & clap
9-12 R step, Touch L & clap, L step, Touch R & clap

TAG: 16 Counts (8 counts x 2)

Section 1

1-4 R cross over L, Hold, L cross over R, Hold
5-8 R step back, Hold, L step back, Hold

1-8 Repeat the above 8 counts

SECTION B: 60 Counts

Section 1

1-4 Cross R over L, Side, Behind, flick L
5-8 Cross L over R, Side, Behind, flick R

Section 2

1-4 Cross R over L, Side, Behind, flick L
5-8 Cross L over R, Side, Behind, flick R

9-12 R step, Touch L & clap, L step, Touch R & clap

Section 3

1-4 R walk forward to right diagonal, together, forward, touch L
5-8 L walk forward to left diagonal, together, forward, touch

Section 4

1-2 R step back, Touch L beside R & clap
3-4 L step back, Touch R beside L & clap

5-6 R step back, Touch L beside R & clap
7-8 L step back, Touch R beside L & clap

Section 5

1-4 Step R to right side, Together, Step R to right side, Touch L
5-8 Step L to left side, Together, Step L to left side, Touch R

Section 6

1-4 R toe strut, L toe strut
5-8 R cross rock, Recover L, $\frac{1}{4}$ R turn, Cross

Section 7

1-4 Step R to right side, Together, Step R to right side, Touch L
5-8 Step L to left side, Together, Step L to left side, Touch R

SECTION C: 68 Counts

Section 1

1-4 R walk forward to right diagonal, Walk, Walk, Hitch L
5-8 L Step back, Back, Back, Touch R beside L

Section 2

1-4 R walk forward to left diagonal, Walk, Walk, Hitch L
5-8 L Step back, Back, Back, Touch R beside L

Section 3

1-4 R cross rock, Recover L, $\frac{1}{4}$ R turn, Step
5-8 R cross rock, Recover L, $\frac{1}{4}$ R turn, Step

Section 4

1-4 R cross over L, L step, R cross, L step to side
5-6 R cross over L, L step to side
7&8 R cross over L, Recover, R step to side

Section 5

1-4 L cross over R, R step, L cross, R step to side
5-6 L cross over R, R step to side
7&8 L cross over R, Recover, L step to side

Section 6

1-2 R step forward, Kick L
3-4 L step backward, R touch behind L
5-8 Repeat 1-4

Section 7

1-2 R step, $\frac{1}{4}$ L turn
3-4 R step, $\frac{1}{4}$ L turn
5-8 Repeat 1-4

Section 8

1-2 R cross over L, Recover
3&4 Right chasse
5-6 L cross over R, Recover
7&8 Left chasse
9-12 R step, Touch L & clap, L step, Touch R & clap

Ending: Dance up to end of Section B and add the following 6 counts

1-4 R step forward, $\frac{1}{2}$ turn left, Step, Together

5-6 Step R to right side, drag L to R
