Life's Gift

COPPER KNOB

拍數: 32

牆數:4

級數: High Intermediate



編舞者: Martie Papendorf (SA) - March 2012

音樂: Life's Gift - Nianell

Start: On lyrics – (2 Restarts).

S1: Diagonal coaster, Rocking chair, Fwd, Rock, Recover, Cross, Back ¼ right, Fwd ½ right, Step	
1,2&	Step R back to face right diagonal, Close L to R, Step R slightly fwd,
3&4&	Rock L fwd keeping on diagonal, Recover R back, Rock L back, Recover R fwd,
5,6	Step L fwd to face 12.00, Rock R to right side,
&7	Recover L to left side, Step R across L,
&8&	Step L back making a ¼ turn right, [3.00] Step R fwd making a ½ right, Step L next to R [9.00]
Restart here on wall 5 & 7	
S2: Scissor step, Ball turn ¼ right, Side, Cross, Side, Cross, Sweep ¾ left, Touch, Fwd, Full turn right	

- 1,2& Step R fwd, Close L to R, Step R across L [to face left diagonal],
- 3&4& Step L fwd and make a ¼ turn right turn on ball of L, Step R to right side, Step L across R, Step R to right side, [12.00]
- 5,6 Step L across R, Sweep R out and around making a ³/₄ turn left, [3.00]
- & Touch R next to L,
- 7&8 Step R fwd, Step L back making a ¹/₂ turn right, [9.00] Step R fwd making a ¹/₂ turn right [3.00]

S3: Step, Fwd, Touch, Back, Touch, Behind , Side, Cross, Fwd ¼ left, Touch, Unfold, Back, Point

- &1& Step L in place, Step R fwd to right diagonal, Touch L to R,
- 2& Step L back, Touch R to L,
- 3&4 Cross R behind L, Step L to left side, Step R across L,
- 5& Step L fwd making a ¼ turn left, Touch R next to L, [12.00]
- 6& Start to unfold R, Unfold R fully,
- 7,8 Step R back, Point L behind

S4: Fwd, Back ½ left, Back, Coaster step, Fwd, Brush, Back ½ left, ½ left and hook, Shuffle diagonal left, Kick

- 1,2& Step L fwd, R back making a ½ turn left, Step L back, [6.00]
- 3&4 Step R back, Close L to R, Step R fwd,
- 5&6 Step L fwd, Brush R fwd, Step R back making a ½ turn left, [12.00]
- & Turn a ¹/₂ turn left on ball of R hooking L across R [low hook], [6.00]
- 7&8&Step L fwd to left diagonal, Close R to L, Step L fwd, Kick R low kick fwd keeping on diagonal
in prep. to start dance again on [3.00]

Start again already facing diagonal of 3.00 at start of dance.

Restart on wall 5, facing 9.00 Restart on wall 7, facing 9.00