

Part of Me

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Cody Flowers (USA) - March 2012
音樂: Part of Me - Katy Perry



Slide and Cross, $\frac{3}{4}$ Turn, Coaster step

1, 2, 3 Big step left with L, Slowly slide R to L (2, 3)
& 4 Step back on R, Cross L over R
5, 6 $\frac{1}{4}$ Turn right stepping forward on R (3:00), $\frac{1}{4}$ Turn right stepping L beside R (6:00)
7&8 $\frac{1}{4}$ Turn right stepping back on R (9:00), Step L to R, Step forward on R

Cross point (x3), Sailor Step

1, 2 Cross L over R, Touch R to right side
3, 4 Cross R over L, Touch L to left side
5, 6 Step L behind R, Touch R to right side
7&8 Step R behind L, Step L in place, Step R to right side

Slide and Cross, $\frac{3}{4}$ Turn, Coaster step

1, 2, 3 Big step left with L, Slowly slide R to L (2, 3)
& 4 Step back on R, Cross L over R
5, 6 $\frac{1}{4}$ Turn right stepping forward on R (12:00), $\frac{1}{4}$ Turn right stepping L beside R (3:00)
7&8 $\frac{1}{4}$ Turn right stepping back on R (6:00), Step L to R, Step forward on R

Cross point (x3), R Sailor Step

1, 2 Cross L over R, Touch R to right side
3, 4 Cross R over L, Touch L to left side
5, 6 Step L behind R, Touch R to right side
7&8 Step R behind L, Step L in place, Step R to right side

L Sailor Turn, Kick and Touch (x3)

1&2 Step L behind R, Step R in place, $\frac{1}{4}$ Turn left stepping forward on L (3:00)
3&4 Kick R foot, Step R foot down, Touch L to left side
5&6& Kick L foot, Step L foot down, Touch R to right side, Step R beside L
7&8& Kick L foot, Step L foot down, Touch R to right side, Step R beside L

Slide and Cross, Full Turn Spin, Triple Step

1, 2, 3 Big step back on R foot, Slide L foot to R (2, 3)
& 4 Step L beside R, Step forward on R
5, 6 $\frac{1}{4}$ Turn right stepping forward on L (6:00), $\frac{1}{2}$ Turn right stepping back on R (12:00)
7&8 $\frac{1}{4}$ Turn right stepping forward on L (3:00), Step R beside L, Step forward on L

Touch and Hold, Ball Step, $\frac{1}{2}$ Turn, Full Turn, Triple Step

1, 2 Touch R heel forward, hold
&3,4 Step R beside L, Step forward on L, $\frac{1}{2}$ Turn right stepping forward on R (9:00)
5, 6 $\frac{1}{4}$ Turn right stepping forward on L (12:00), $\frac{1}{2}$ Turn right stepping back on R (3:00)
7&8& $\frac{1}{4}$ Turn right stepping forward on L (9:00), Step R beside L, Step forward on L, Step R in place

Cross, Side, and Kick and Cross, Side Step and Stomp

1, 2 Cross L over R, Step R to right side
3&4 Step back on L, Step R beside L, Kick L heel forward
&5,6 Step L beside R, Cross R over L, Step L to L side

7,8&

Step R in place, Stomp L foot, Pick up L foot ready to begin dance over
