

# Sunday Morning

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Roy Verdonk (NL) & Pim van Grootel (NL) - March 2012  
音樂: Easy (feat. Willie Nelson) - Lionel Richie



Starts after: 16 Counts

**Step Diagonally fwd R, Syncopated cross sailors L,R, – Travelling backwards, Cross L, Rock Side R, Recover with ¼ Turn L**

1            RF step diagonally forward right  
2&3        LF cross in front of RF, RF step diagonally back right, LF step diagonally back left  
&4&        RF cross in front of LF, LF step diagonally back left, RF step diagonally back right  
5            LF cross in front of RF  
6-7        RF rock to right, ¼ turn left stepping forward left

**¾ Turn L, Rock, Recover R, Side, Cross over, Walk fwd R,L, ¾ Turn L, Weave**

8            Make ½ turn left stepping RF back  
&            Make ¼ turn left stepping LF left  
1            RF rock in front of LF  
2&3        Recover onto LF, RF step to right, LF cross in front of RF  
4-5        RF walk forward, LF walk forward  
6            RF step forward  
&            Make ½ turn left stepping LF forward (6 o'clock)  
7            Make ¼ turn left stepping RF to right (3 o'clock)  
8&1        LF cross behind RF, RF step to right, LF cross in front of RF

**Cross, Unwind, ¾ Turn L with Sweep, Weave, Rock, Recover R in Diagonal, Back, ½ Turn L, Step fwd R**

2            RF cross in front of LF  
3            Unwind ¾ Turn left whilst sweeping LF from front to back (6 o'clock)  
4&5        LF cross behind RF, RF step to side, LF cross in front of RF  
6-7        RF rock in right diagonal forward (7,30 o'clock), Recover onto LF  
8            RF step back in diagonal  
&            Make ½ turn left stepping LF forward (1.30 o'clock)  
1            RF step forward diagonal (1.30 o'clock)

**Syncopated Rock Steps, ¼ Turn R, Rock back, Recover, Full Turn L**

2            LF cross in front of RF  
&            Recover onto RF (squaring up to 12 o'clock wall)  
3            LF rock to left  
&            Recover onto RF  
4            LF rock back  
&            Recover onto RF  
5            Make ¼ turn right stepping LF back (3 o'clock)  
6-7        RF rock back, recover onto LF  
8            Make ½ turn L stepping RF back  
&            Make ½ turn L stepping LF forward

**Tag: After walls 1, 3, and 5:**

1-2        Sway hips right, sway hips left  
3-4        Sway hips right, sway hips left.

(N.B. in wall 1 and 3, you sway 4 times, in wall 5 you sway hips only 2 times)

Good luck and have fun...!

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