Sunday Morning

COPPERKNO

拍數: 32

級數: Intermediate

編舞者: Roy Verdonk (NL) & Pim van Grootel (NL) - March 2012

音樂

	音樂: Easy (feat. Willie Nelson) - Lionel Richie	回绕的
Starts afte	er: 16 Counts	
Step Diag with ¼ Tu	gonally fwd R, Syncopated cross sailors L,R, – Travelling backwards, Cross L, F urn L	Rock Side R, Recover
1	RF step diagonally forward right	
2&3	LF cross in front of RF, RF step diagonally back right, LF step diagonally	/ back left
&4&	RF cross in front of LF, LF step diagonally back left, RF step diagonally l	back right
5	LF cross in front of RF	
6-7	RF rock to right, ¼ turn left stepping forward left	
¾ Turn L,	, Rock, Recover R, Side, Cross over, Walk fwd R,L, ¾ Turn L, Weave	
8	Make ½ turn left stepping RF back	
&	Make ¼ turn left stepping LF left	
1	RF rock in front of LF	
2&3	Recover onto LF, RF step to right, LF cross in front of RF	
4-5	RF walk forward, LF walk forward	
6	RF step forward	
&	Make ½ turn left stepping LF forward (6 o'clock)	
7	Make ¼ turn left stepping RF to right (3 o'clock)	
8&1	LF cross behind RF, RF step to right, LF cross in front of RF	
	nwind, ¾ Turn L with Sweep, Weave, Rock, Recover R in Diagonal, Back, ½ Tu	rn L, Step fwd R
2	RF cross in front of LF	
3	Unwind ¾ Turn left whilst sweeping LF from front to back (6 o'clock)	
4&5	LF cross behind RF, RF step to side, LF cross in front of RF	
6-7	RF rock in right diagonal forward (7,30 o'clock), Recover onto LF	
8	RF step back in diagonal	
&	Make ½ turn left stepping LF forward (1.30 o'clock)	
1	RF step forward diagonal (1.30 o'clock)	
	ted Rock Steps, ¼ Turn R, Rock back, Recover, Full Turn L	
2	LF cross in front of RF	
&	Recover onto RF (squaring up to 12 o'clock wall)	
3	LF rock to left	
&	Recover onto RF	
4	LF rock back	
&	Recover onto RF	
5	Make ¼ turn right stepping LF back (3 o'clock)	
6-7	RF rock back, recover onto LF	
8	Make ½ turn L stepping RF back	
&	Make ½ turn L stepping LF forward	

Tag: After walls 1, 3, and 5:

- 1-2 Sway hips right, sway hips left
- 3-4 Sway hips right, sway hips left.

(N.B. in wall 1 and 3, you sway 4 times, in wall 5 you sway hips only 2 times)



牆數:4