

I'll Take It From Here

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Cef Decaney (USA) - March 2012
音樂: I Can Take It from There - Chris Young



Rock, Syncopated Vine, Cross X2 Left then Right

- 1-2-3&4 Rock Rt to Rt side, Recover weight onto left, Cross Rt behind Left & Step Left to Left to Left side & Cross Rt over Left
- 5-6-7&8 Rock Left to Left side, Recover weight onto Rt, Cross Left behind Rt & Step Rt to Right side & Cross Left over Right

Heel Switches, Step, Slide X2 Right then Left

- 1&2&3-4 Touch Rt Heel forward & Step back onto Rt & Touch Left Heel forward & Step back Onto Left, Take large side step to Rt with Rt, Slide left next to Rt and touch
- 5&6&7-8 Touch Left Heel forward & Step back onto Left & Touch Rt Heel forward & Step Back onto Rt & Take large side step to left with left, Slide Rt next to Left and touch

Pivot ¼ Turns twice, Wizard Step R & L

- 1-2-3-4 Step Rt forward, Pivot ¼ turn to left, Step Rt forward, Pivot ¼ turn to left
- 5-6&7-8& Step Rt forward, Lock Left behind Rt & Step Rt forward, Step Left forward, Lock Rt behind Left & Step Left forward

Kickball Changes x2, Toe-Heel back x2

- 1&2-3&4 Kick Rt foot forward & Touch Ball of Rt next to Left & Step weight onto Left x2
- 5-8 Step back on Rt Toe, Step Down on Right Heel, Step Back Left Toe, Step Down Onto Left Heel

Vine, ¼ Turn, ½ Turn, ¼ Turn

- 1-2-3-4 Step Rt to Rt Side, Step Left Behind Rt, Step Rt to Rt side making ¼ turn to Rt, Step Left forward
- 5-6-7-8 Pivot ½ turn to Rt, Step Left forward making ¼ turn Rt, Step Rt behind Left, Step Left to Left Side

Cross Step, Vine with ¼ Turn, ½ Turn, ¼ Turn

- 1-2-3-4 Cross Rt over Left, Step Left to Left Side, Step Rt behind Left, Step Left to Left Side making ¼ turn to Left
- 5-6-7-8 Step Rt forward, Pivot ½ turn Left, Step Fwd Rt making ¼ Turn Left, Step Left Behind Rt

Restart from beginning
