

Make U Luv Me

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Paul McAdam (UK) - March 2012
音樂: Make U Love Me - Robin Thicke



Count in: 16 counts from start of track

[1-8] 2 X WALKS MAMBO, 2X WALKS BACK, ROCK AND TOUCH

- 1,2 Walk forward right, walk forward left
- 3&4 Rock forward on right, recover weight on left, step back on right
- 5,6 Walk back on left, walk back on right
- 7&8 Rock back on left foot, recover weight onto right, touch left toe out to left side

[9-16] ¼ TURN STEP BACK, ½ PIVOT, ¼ SIDE, ROCK, CROSS, BACK, SIDE, CROSS, STEP & LOCK &

- &1 Make a ¼ turn right and step a small step forward on left, step back on right
- 2 Pivot a ½ turn right keeping weight on right foot
- 3&4 Make a ¼ turn right and rock left foot out to left side, recover weight onto right, cross left foot over right
- 5&6 Step back on right foot, step left foot to left side, cross right over left
- 7& Make a ¼ turn left and step forward on left, make a ¼ turn left and step right foot to right side
- 8& Lock left foot behind right, step right foot to right side

[17-24] LEAN KICK & TOGETHER, HEEL TWIST CHASSE, BEHIND ¼ SIDE, COASTER STEP

- 1&2 Lean weight further over right foot and kick left foot a low kick out to left side, step left foot to left side, step right foot next to left
- 3&4 Step left foot to left side as you lift right toes off the floor and swivel them right, step right heel next to left foot, step left foot to left side as you swivel right toes to right
- 5&6 Cross right foot behind left, make a ¼ turn left and step forward on left foot, step right foot to right side
- 7&8 Step back on left foot, step right foot next to left, step forward on left foot

[25-32] HIP BUMPS ½ TURN, SWIVEL-SWEEP ½ TURN BALL STEP

- 1,2 Step right foot forward and bump right hip forward twice,
- 3,4 Pivot a ½ turn left and bump left hip forward twice
- 5,6 Point right toe forward, as you sweep right foot back swivel left foot into ¼ turn left –sweeping right foot through to left foot
- 7&8 Point right toe forward, as you sweep right foot back, swivel left foot into ¼ turn left, rock back on right foot, recover on left.

START AGAIN AND ENJOY!
