

Celtic Rock

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Derek Robinson (UK) - March 2012
音樂: Rare Old Mountain Dew - Orthodox Celts : (CD: Green Roses)



Note: The dance is choreographed to the track by Orthodox Celts which may be hard to find as a MP3 download, but alternative versions are available by other artists.

Intro: 8 counts after beat kicks in.

Sec 1: WALK FORWARD RIGHT, LEFT, MAMBO STEP, SYNCOPATED HITCH STEPS BACK, COASTER STEP.

1-2	Walk forward right, left.
3&4	Rock forward right, recover onto left, step back right.
&5	Hitch left, step back left.
&6	Hitch right, step back right.
7&8	Step back left, step right beside left, step forward left.

Sec 2: RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, CROSS SHUFFLE.

1-2	Rock side right, recover onto left.
3&4	Cross right over left, step left to left side, cross right over left. (Lift right knee when crossing).
5-6	Rock side left, recover onto right.
7&8	Cross left over right, step right to right side, cross left over right. (Lift left knee when crossing).

Sec 3: SIDE ROCK, ¼ TURN, PIVOT ½ TURN, FORWARD ROCK, SHUFFLE BACK.

1-2	Rock side right, recover onto left stepping ¼ turn left. (9.00)
3-4	Step forward right, pivot ½ turn left. (3.00)

(Restart here on wall 5).

5-6	Rock forward on right, recover onto left.
7&8	Step back right, step left beside right, step back right.

Sec 4: SYNCOPATED ROCK STEPS BACK & FORWARD, WALK ½ CIRCLE RIGHT.

1&	Rock back on left, recover onto right.
2&	Rock forward on left, recover onto right.
3&	Rock back on left, recover onto right,
4	Step forward left.
5-6-7-8	Walk in ½ circle right, (with a swagger), stepping – right, left, right, left (9.00)

Begin again

Restart There is one easy restart after 20 counts on wall 5; you will be facing (3.00) for restart.