

Cha Cha Migliore

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate - Cha Cha rhythm
編舞者: Malene Jakobsen (DK) - January 2012
音樂: Il Mio Giorno Migliore - Giorgia : (Single)



Intro: 16 counts, app. 10 seconds into track, dance begins with weight on L

Restart: There are 2 restarts, on wall 2 after 16 counts and on wall 3 after 48 counts

Note: Thanks to Charlotte Mehl for making me listen to the song on the plane back from Hong Kong

[1-9] Side, touch, side, back lock, 1/2, 1/4, behind side cross

1-2-3 (1) Step R to R, (2) touch L next to R, (3) step L to L 12.00
4&5 (4) Step back on R, (&) lock L across R, (5) step back on R 12.00
6-7 (6) Turn 1/2 L stepping fwd. on L, (7) turn 1/4 L stepping R to R 3.00
8&1 (8) Cross L behind R, (&) step R to R, (1) cross L over R 3.00

[10-17] Unwind 1/2, step back, coaster step, out, out, ball cross, chasse

2-3 (2) Unwind 1/2 R keeping weight on L, (3) step back on R 9.00
4&5 (4) Step back on L, (&) step R next to L, (5) step fwd. on L 9.00
&6 (&) Step R to R, (6) step L to L 9.00
&7 (&) Step R next to L, (7) cross L over R 9.00
8&1 (8) Step R to R, (&) step L next to R, (1) step R to R 9.00

NOTE: Wall 2: 1st restart is here, count 1 is the beginning of the dance, you will be facing 12.00

[18-25] Back rock, shuffle 1/4, walk back, coaster step

2-3 (2) Rock back on L, (3) recover onto R 9.00
4&5 (4) Turn 1/4 R stepping back on L, (&) step R next to L, (5) step back on L 12.00
6-7 (6-7) Walk back, R, L 12.00
8&1 (8) Step back on R, (&) step L next to R, (1) step fwd. on R 12.00

NOTE: Option for counts 6-7: (6) Turn 1/2 R stepping fwd. on R, (7) turn 1/2 R stepping back on L

[25-33] Hold, ball point, kick ball point, Monterey 1/4, step, anchor step

2&3 (2) Hold, (&) step L next to R, (3) point R to R 12.00
4&5 (4) Kick R fwd., (&) step R next to L, (5) point L to L 12.00
6-7 (6) Turn 1/4 L stepping L next to R, (7) step fwd. on R 9.00
8&1 (8) Step L behind R, (&) lock R slightly over L, (1) step back on L 9.00

[34-40] 1/2, 1/4, hold, ball side, hold, ball cross, ball heel, ball

2-3 (2) Turn 1/2 R stepping fwd. on R, (3) turn 1/4 R stepping L to L 6.00
4&5 (4) Hold, (&) step R next to L, (5) step L to L 6.00
6&7 (6) Hold, (&) step R next to L, (7) cross L over R 6.00
&8& (&) Step R to R, (8) touch L heel diagonally fwd. L, (&) step L next to R 6.00

[41-49] Cross, back, 1/4, cross rock, side rock, back rock, side, back rock

1-2-3 (1) Cross R over L, (2) step back on L, (3) turn 1/4 R stepping R to R 9.00
4& (4) Cross rock L over R, (&) recover onto R 9.00
5& (5) Rock L to L, (&) recover onto R 9.00
6&7 (6) Rock back on L, (&) recover onto R, (7) step L to L 9.00
8&1 (8) Rock back on R, (&) recover onto L, (1) step R to R 9.00

NOTE: Wall 3: 2nd restart is here, count 1 is the beginning of the dance, you will be facing 9.00

[50-57] Behind, 1/4, step 1/2, 1/4, behind, 1/4, step 1/4 cross

2-3 (2) Step L behind R, (3) turn 1/4 R stepping fwd. on R 12.00
4&5 (4) Step fwd. on L, (&) turn 1/2 R, (5) turn 1/4 R stepping L to L 9.00

- 6-7 (6) Step R behind L, (7) turn 1/4 L stepping fwd. on L 6.00
8&1 (8) Step fwd. on R, (&) recover onto L making 1/4 L, (1) cross R over L 3.00

[58-64] Back, side, cross rock, side, cross rock, side, ball

- 2-3 (2) Step back on L, (3) step R to R 3.00
4&5 (4) Cross rock L over R, (&) recover onto R, (5) step L to L 3.00
6-7 (6) Cross rock R over L, (7) recover onto L 3.00
8& (8) Step R to R, (&) step L next to R 3.00

Contact: lovelinedance@live.dk
