

# Ay Mama (Merengue) 2008

COPPERKNOB  
STEPSHEETS

拍數: 88      牆數: 4      級數: Intermediate  
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音樂: ¡Ay! Mama - Salsation



## I: BASIC MERENGUE RIGHT BASIC MERENGUE LEFT

1-4      Step RF to right, LF next to right, step RF to right, touch LF next to right  
5-8      Step LF to left, RF next to left, step LF to left, touch RF next to left

## II: BASIC MERENGUE FORWARD AND BACK

1-4      Step forward RF, LF next to right, forward RF, LF next to right  
5-8      Step back with RF, LF next to right, back with RF, LF next to right

## III: SHIMMY RIGHT 2X

1-4      Big step to right, knees bent, step LF next to right as you straighten up - Shimmy shoulders as you take the big step  
5-8      Repeat above steps.

## IV: LAMBADA WITH ¼, 1/2 TURNS

1&2      Make a ¼ turn right, step LF to left, bump hips 2x to left (3:00)  
3&4      Step RF to right, bump hips 2x to right  
5&6      ½ turn right, stepping LF to left, bump hips 2x to left (9:00)  
7&8      Bump hips 2x to right as you make a ¼ turn right (12:00)

## V: SHIMMY LEFT 2X

1-4      Big step to left, knees bent, step RF next to left as you straighten up - Shimmy shoulders as you take the big steps  
5-8      Repeat above steps

## VI: LAMBADA WITH ¼, ½ TURNS

1&2      Make ¼ turn left, step RF to right, bump hips 2x to right (9:00)  
3&4      Step LF to left, bump hips 2x to left  
5&6      ½ turn left, stepping RF to right, bump hips 2x to right (3:00)  
7&8      Bump hips 2x to left as you make a ¼ turn to left (12:00)

## VII: FORWARD SHUFFLE, PADDLE TURN LEFT

1&2      Forward with RF, LF next to right, forward with RF  
3&4      Forward with LF, RF next to left, forward with LF  
5-6      Step forward with RF, ¼ turn left, step LF in place  
7-8      Step forward with RF, ¼ turn left, step LF in place

## VIII: FORWARD SHUFFLE, PADDLE TURN LEFT

1&2      Forward with RF, LF next to right, forward with RF  
3&4      Forward with LF, RF next to left, forward with LF  
5-6      Step forward with RF, ¼ turn left, step LF in place  
7-8      Step forward with RF, ¼ turn left, step LF in place

## IX: SYNCOPATED DIAGONAL STEPS

1&      Step RF diagonally forward to right, touch LF beside RF  
2&      Step LF diagonally back to left, touch RF beside LF  
3&      Step RF diagonally to forward right, touch LF beside RF  
4      Step LF diagonally back to left  
5&      Step RF diagonally back to right, touch LF beside RF

- 6& Step LF diagonally forward to left, touch RF beside LF
- 7& Step RF diagonally back to right, touch LF beside RF
- 8 Step LF forward

**X: STEP TOGETHER POINT RIGHT AND LEFT**

- 1-4 Step RF to side, step LF slightly behind RF knees bent, point RH as you straighten up, step RF next to LF
- 5-8 Step LF to side, step RF slightly behind LF knees bent, point LH as you Straighten up , step LF next to RF

**XI: STEP TOGETHER POINT RIGHT AND LEFT WITH A ¼ TURN**

- 1-4 Step RF to side, step LF slightly behind RF knees bent, point RH as you straighten up, step RF next to LF
- 5-8 Step LF to side, step RF slightly behind LF knees bent, make a ¼ turn right point LH as you straighten up , step LF next to RF

**Start with a new wall – direction should be clockwise.**

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