My Kind of Love

拍數: 32

級數: Improver / Intermediate

編舞者: Ryan King (UK) - March 2012

音樂: My Kind of Love - Emeli Sandé

Intro: 32 count, start on heavy beat.

Walk Back, Rock Recover, Big Step Forward, Rocks Forward Side Back Side

- 1 & 2 Walk Back Right, Left, Right.
- 3 & 4 Rock Back Left, Recover onto Right, Big Step Forward on Left.
- 5 & 6 & Rock Forward Right, Recover onto Left, Rock Side Right, Recover onto Left.
- 7 & 8 Rock Back Right, Recover onto Left, Big Step to Right side.

Behind Side Cross, Rock & Step 1/2 L, Walk, Step 1/2 R, Pivot Full Turn, Point L

- 1 & 2 Step Left Behind Right, Step Right to Right Side, Cross Left Over Right.
- 3 & 4 Rock Right to Right Side, Recover onto Left Making ¼ Left, Step Forward Right.
- 5, 6 Step Forward Left, Step Forward Right Making ¼ Right.
- 7 & 8 Step Forward Left, Pivot Full Turn Right Transferring Weight To Right Foot, Point Left to Left Side.

L Sailor, Cross Side Behind, Sweep, Behind Side 1/4 R Step, R Shuffle

- 1 & 3 Step Left Behind Right, Step Right to Right Side, Step Left to Left Side..
- 3 & 4 & Cross Right Over Left, Step Left to Left Side, Step Right Behind Left, Sweep Left Foot Round Behind Right.
- 5 & 6 Step Left Behind Right, Step ¼ Right, Step Forward Left.
- 7 & 8 Step Forward Right, Step Left Next to Right, Step Forward Right.

L Mambo, R Mambo, Kick, Step, Hip & Hip

- 1 & 2 Rock Forward Left, Recover onto Right, Step Left Next to Right.
- 3 & 4 Rock Back Right, Recover onto Left, Step Right Next to Left.
- 5, 6 Kick Left Foot Forward, Step Back on Left.
- 7 & 8 Raise Right Hip, Recover, Raise Right Hip. (Keeping weight on Left)

Note: If you don't want to do the full pivot turn, just Rock & Point.





牆數:4