

Upside Down Blues

拍數: 32 牆數: 4 級數: Early Intermediate
編舞者: Delwyn Swaisland (AUS) - February 2012
音樂: Bad Day for the Blues - David Ball



[1-4] R.Forward, ½ Pivot L, Shuffle

1, 2 Forward On Right(1) ½ Pivot To The Left(2)
3&4 Shuffle Forward(Rlr)

[5-8] Rock Forward, Recover, ½ Turn Shuffle

1, 2 Rock Forward On Left(1) Rock /Recover On Right(2)
3&4 Make A ½ Turn Left And Shuffle Forward (Lrl)

[9-12] Side, Behind, Side, Heel, Hold

1, 2 Step Right To Right Side(1) Left Behind Right(2)
&34 Step Right To Right(&) Dig Left Heel At 45o (3) Hold (4)

[13-16] Back, Cross, Side, Cross, Side, Heel, Hold

&1 Step Left Back(&) Step Right Across Left(1)
&2 Step Left Beside Right(&) Step Right Across Left (2)
&34 Step Left To Left Side(&) Dig Right Heel At 45ofwd(3) Hold(4)

[17-20] Together, Heel, Together, Step, 1/2pivot

&1 Step Right Beside Left(&) Dig Left Heel Forward(1)
&2 Step Left Beside Right(&) Step Forward On Right(2)
3, 4 Step Forward On Left(3) ½ Pivot Right(4)

[21-24] Shuffle, Step 1/4 Turn, Together

1&2 Shuffle Forward Lrl
3 Turning ¼ Left Step Side On Right
4 Drag/Step Left Beside Right

[25-28] Heel And Heel And Forward, Hold

1& Dig Right Heel Fwd(1) Right Beside Left(&)
2& Dig Left Heel Forward(2) Left Beside Right(&)
3, 4 Step Forward On Right (3) Hold (4)

[29-32] 1/2 pivot Right X2, Together

1, 2 Forward On Left(1), ½ Pivot Turn Right(2)
3, 4 & Forward On Left(3), ½ Pivot Turn Right(4) Left Next To Right(&)

Tag: This Is Done At The End Of The Walls 1 & 2 Only

[1-6] You Have To Leave Off The Very Last “&” Count On These Walls.

1, 2 Step Side Left On Left(1) Touch Right Next To Left(2)
&3 Right Side On Right(&) Touch Left Next To Right(&3)
&4 Left Side On Left(&) Touch Right Next To Left (4)
&5 Right Side On Right(&) Touch Left Next To Right(5)
&6 Left Side On Left (&) Touch Right Next To Left(6)

The End.....Enjoy!!