

Songbird Whistle

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Gaye Teather (UK) - March 2012
音樂: Songbird - Randy Thompson : (CD: Collected.)



48 count intro. Start on vocals - Dance rotates in CCW direction

Chasse Quarter turn Right. Step. Pivot three quarter turn Right. Chasse Left. Right coaster step

1&2 Step Right to Right side. Step Left beside Right. Quarter turn Right stepping forward on Right
3 – 4 Step forward on Left. Pivot three quarter turn Right (Facing 12 o'clock)
5&6 Step Left to Left side. Step Right beside Left. Step Left to Left side
7&8 Step back on Right. Step Left beside Right. Step forward on Right (body angled slightly to Right diagonal)

Cross. Quarter turn Left. Shuffle half turn Left. Step. Pivot quarter turn Left. Cross shuffle

1 – 2 Cross Left over Right. Quarter turn Left stepping back on Right
3&4 Quarter turn Left stepping Left to Left side. Step Right beside Left. Quarter turn Left stepping forward on Left
5 – 6 Step forward on Right. Pivot quarter turn Right (Facing 12 o'clock)
7&8 Cross Right over Left. Step Left to Left side. Cross Right over Left

Side rock. Left Sailor step. Right Sailor step. Quarter turn Left. Back rock

1 – 2 Rock Left to Left side. Recover onto Right
3&4 Cross Left behind Right. Step Right to Right side. Step Left to Left side
5&6 Cross Right behind Left. Step Left to Left side. Step Right to Right side
7 – 8 Quarter turn Left rocking back on Left. Recover onto Right (Facing 9 o'clock)

Forward rock. Left Sailor with heel. Together. Diagonal weave left (travelling back). Scuff/straighten

1 – 2 Rock forward on Left. Recover onto Right
3&4 Cross Left behind Right. Step Right to Right side. Touch Left heel diagonally forward Left (body angled Left)
&5 Step Left beside Right. Cross Right over Left
&6 Step Left to Left side. Cross Right behind Left
&7 Step Left to Left side. Cross Right over Left
8 Straightening up to face 9 o'clock Scuff Left foot forward

Note: counts &5 - &8 are danced facing Left diagonal and travel diagonally backwards

Cross shuffle. Sway. Sway. Cross shuffle. Sway. Sway

1&2 Cross Left over Right. Step Right to Right side. Cross Left over Right
3 – 4 Step Right to Right swaying Right. Sway onto Left
5&6 Cross Right over Left. Step Left to Left side. Cross Right over Left
7 – 8 Step Left to Left swaying Left. Sway onto Right (hitching left knee across Right ready for Left turn)

Shuffle full circular turn Left. Sway Right. Sway Left with hitch

1&2 Commence full turn Left shuffling in circular motion round to Left stepping Left. Right. Left
3&4 Continue full circular shuffle Left stepping Right. Left. Right
5&6 Conclude full circular shuffle stepping Left. Right. Left (Facing 9 o'clock)
7 – 8 Sway out to Right side. Sway out to Left side hitching Right knee slightly

Note: Counts 1 – 6 comprise a series of three shuffles in a circular motion completing a full turn in all.

Start again

