

Cheaper Than A Shrink

拍數: 32 牆數: 4 級數: Improver - WCS
編舞者: Maryloo (FR) - March 2012
音樂: Cheaper Than a Shrink - Joe Nichols : (Album: Old Things New)



CROSS, TOUCH, CROSS, TOUCH, JAZZ BOX ¼ RIGHT

1-2 Cross right over left, touch left toe to left side
3-4 Cross left over right, touch right toe to right side
5-8 Cross right over left, ¼ turn right and step left back, step right to side, step left forward

POINT SWITCHES & HEEL SWITCHES & PIVOT ½ TURN LEFT, SHUFFLE FORWARD

1&2& Touch right toe to right, step right together, touch left toe to left, step left together
3&4& Touch right heel forward, step right together, touch left heel forward, touch left together,
5-6 Step right forward, pivot ½ turn left (weight on left)
7&8 Step right forward, step left next to right, step right forward

ROCK FORWARD, COASTER STEP, PIVOT ¼ TURN LEFT (TWICE)

1-2 Rock left forward, recover on right
3&4 Step left back, step right together, step left forward
5-6 Step right forward, pivot ¼ turn left (weight on left)
7-8 Step right forward, pivot ¼ turn left (weight on left)

Restart here on 3rd and 7th wall

MODIFIED JAZZ BOX, (TWICE)

1-2 Cross right over left, step left back
&3-4 Step right to side, cross left over right, touch right to side
5-6 Cross right over left, step left back
&7-8 Step right to side, cross left over right, touch right to side

ENDING : Section 3

ROCK FORWARD, STEPS APART (OUT,OUT), HOLD

1-2 Rock left forward, recover on right
&3-4 Step left to side (out), step right to side(out),hold

RESTART : On the 3rd and 7th wall, after 24 counts, begin again the dance at the beginning

TAG: At the end of the 4th wall :

LINDY RIGHT, LINDY LEFT

1&2 Step right to right, step left together, step right to left
3-4 Rock left back, recover on right
5&6 Step left to left, step right together, step left to left
7-8 Rock right back, recover on left