

# Little R & R

拍數: 64      牆數: 4      級數: Improver  
編舞者: Rob Fowler (ES) - February 2012  
音樂: A Little Rock 'n' Roll - Johnathon East : (CD: One Horse Town)



**Intro: Start on main vocals (BPM 180)**

**SEC1: Grapevine Right, Side Step, Touch, Side Step, Touch**

1-4            Step Right to Right Side, Step Left Behind Right, Step Right to Right Side, Touch Left next to Right  
5-8            Step Left to Left Side, Touch Right next to Left, Step Right to Right Side, Touch Left next to Right(12;00)

**SEC2: Grapevine Left ¼ turn, Touch Forward, Clap, Touch Back, Clap**

1-4            Step Left to Left Side, Step Right Behind, Make ¼ turn Left onto Left, Brush Right(9;00)  
5-8            Touch Right Heel Forward, Clap, Touch Right Toe Back, Clap

**SEC3: Touch Right Forward, Side, Behind, Step Right to Right Side, Touch Left Behind Right, Step Left to Left Side, Stomp Right Twice**

1-4            Touch Right Toe Forward, Touch right to Right Side, Touch Right behind Left, Step Right to Right Side  
5-8            Touch Left Behind Right, Step Left To Left Side, Stomp Right Next to Left Twice(9;00)

**SEC4: Stomp Right to Right Side, Hold 3 Counts, Hip Rolls Anti Clockwise twice**

1-4            Stomp Right to Right Side, Hold for 3 Counts  
5-8            Hip Rolls Anti Clockwise (Left, Right) Repeat Again

**(RESTART DANCE ON WALL 4)**

**SEC5: ¼ Turn Left, Chorus line Heel touches Left( Moving Towards 6.00 Playing air guitar Facing 9;00)**

1-2            Making ¼ turn Left on ball of Left touching Right heel Diagonally forward Right(7;30), Step Right next to Left  
3-4            Touch Left heel Forward, Step Slightly forward Left,(6;00)  
5-6            Touch Right heel Diagonally forward Right, (7;30), Step Right next to Left  
7-8            Touch Left heel Forward, Step Slightly forward Left,(6;00)

**SEC6: Rock Step ¼ Turn Weave Right**

1-4            Rock Right over Left, Recover onto Left making ¼ turn Right, Step Right to Right Side, Cross Left over Right  
5-8            Step Right to Right Side, Cross Left behind Right, Step Right to Right side, Cross Left over Right

**SEC7: Rumba Box Back, Rumba Box Forward**

1-4            Step Right to Right Side, Step Left next to Right, Step back on Right, Hold  
5-8            Step Left to Left Side, Step Right next to Left, Step Forward on Left, Hold

**SEC8: Rock Step, ½ Turn Right, Hold, Step Left , ½ pivot Turn Right, Step Forward Left, Brush Right**

1-4            Rock Forward Right, Recover Back on Left, Make ½ Turn Right Stepping forward Right, Hold  
5-8            Step Forward Left, make 1/2 pivot Turn Right, Step Forward left, Brush Right

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