

Superstar

拍數: 64 牆數: 4 級數: Improver WCS
編舞者: Maryloo (FR) - March 2012
音樂: Superstar - Jamelia : (Album: Pisa CD N°1)



WALKS (R.L.), SHUFFLE FORWARD, SWAYS

1-2 Step right forward, step left forward,
3&4 Shuffle forward (right, left, right)
5-6 Sway forward, sway back
7&8 Sways (forward, back, forward)

PIVOT ½ TURN LEFT, SHUFFLE FORWARD, SWAYS

1-2 Step right forward, pivot ½ turn left (weight on left)
3&4 Shuffle forward (right, left, right)
5-6 Sway forward, sway back
7&8 Sways (forward, back, forward)

STEP ¼ TURN LEFT, CROSS SHUFFLE, SWAYS

1-2 Step right forward, pivot ¼ turn left (weight on left)
3&4 Cross right over left, step left to left side, cross right over left
5-6 Sway to left, sway to right
7&8 Sways (left, right, left)

CROSS, BACK, SIDE SHUFFLE, SIDE, CROSS, SIDE, UNWIND ¾ TURN LEFT

1-2 Cross right over left, step left back
3&4 Shuffle to right side (right, left, right)
5-6 Cross left over right, step right to side
7-8 Touch left toe behind right , pivot ¾ turn left, drop left on place

WALKS (R.L.), ANCHOR, ROCK BACK, SHUFFLE FORWARD

1-2 Step right forward, step left forward
3&4 Cross/rock right behind left, recover to left, step right back
5-6 Rock left back, recover to right
7&8 Shuffle forward (left, right, left)

PIVOT ½ TURN LEFT, SHUFFLE FORWARD, FULL TURN TO RIGHT, SHUFFLE FORWARD

1-2 Step right forward, pivot ½ turn left (weight on left)
3&4 Shuffle forward (right, left, right)
5-6 ½ turn right and step left back, ½ turn right and step right forward
7&8 Shuffle forward (left, right, left)

SYNCOPATED JUMP JACK (Twice), JAZZ BOX ¼ TURN RIGHT

&1&2 Step right to side, step left to side, step right to center, step left together
&3&4 Step right to side, step left to side, step right to center, step left together
5-8 Cross right over left, turn ¼ right and step left back, step right to side, step left forward

PIVOT ½ TURN LEFT (Twice), ¼ TURN LEFT WITH CROSS HIP ROLL(Twice)

1-2 Step right forward, pivot ½ turn left (weight on left)
3-4 Step right forward, pivot ½ turn left (weight on left)
5-6 Cross right over left, turn ¼ left rolling hips from right to left (anticlockwise) and drop left on place

7-8

Cross right over left, turn $\frac{1}{4}$ left rolling hips from right to left (anticlockwise) and drop left on place

Have Fun !
