My Kind of Love

拍數: 32

級數: Intermediate

編舞者: Mark Furnell (UK) - February 2012

音樂: My Kind of Love - Emeli Sandé : (Album: Our Version Of Events)

Step, Mambo 1/2 Turn, 1/4 turn cross, Step 1/4 Cross, Step 1/4 turn, Step 1/2 Turn.

- 1 Step fwd on Rt
- 2-3 Rock fwd on Lt, Replace Rt, Step fwd Lt making ½ turn Lt
- 4&5 Step fwd on Rt, Pivot ¼ turn Lt on Lt , Cross Rt over Lt
- 6&7 Rock side on Lt, Replace on Rt, Cross Lt over Rt
- 8& Step Rt to Rt making ¼ turn Lt, Step Lt to Lt making ¼ turn Lt

Cross rock, Side rock, Back rock, Chasse, Rock Step ¼ Turn, ½ turn Step.

- 1& Cross Rock Rt over Lt, Replace Lt
- 2& Rock Rt to Rt side, Replace Lt
- 3& Rock Rt Back, Replace Lt
- 4&5 Step Rt to Rt, Close Lt to Rt, Step Rt to Rt
- 6&7 Cross rock Lt over Rt, Replace Rt, Step Lt to Lt making ¼ turn
- 8 Step back on Rt, making 1/2 turn Lt

Coaster Step, Whole Turn, Mambo Step, Sweep, Step, Sweep, Step

- 1&2 Step back Lt. Close Rt to Lt, Step Fwd Lt
- 3 4 Step fwd Rt making ½ turn Lt, Step fwd Lt making ½ turn Lt
- 5&6 Rock fwd on Rt, Replace on Lt, Step back on Rt and sweep Lt out to Lt side.
- 7 8 Step down on Lt and sweep Rt out to Rt side and behind Lt, Step down on Rt.

Coaster step, Kick Turn Point, Turn, Turn , Sweep Turn, Sailor Step.

- 1&2 Step back Lt, Close Rt to Lt, Step fwd Lt
- 3 &4 Kick Rt Fwd, Step down on Rt making ¼ turn left and Point Lt toe to Lt side.
- 5-6 Step Lt to Lt making ¼ turn Lt, Step back on Rt making ½ turn Lt and sweep Lt out to Lt Side making ¼ turn Lt
- 7&8 Step Lt behind Rt, Step Rt to Rt, Step Lt to Lt

Happy Dancing

I had great problem adding the video to YOUTUBE. So please go onto my facebook profile to find the video for this dance.





牆數:4

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