

Creepin' Up On You

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - February 2012
音樂: Creepin' Up On You - Darren Hayes



** Celebrating 20 Years of Dance **

Counting from when the heavy beat starts, begin the dance after 48 counts on the word 'YOU' when he sings 'Creepin' Up on You' [107bpm – 4:55mins]

[1-8] R step drag, L ball cross side, R behind & hold, L ball cross, L ball cross

1-2 Step R side taking a big step, slide L together keeping weight on R
&3-4 Step L back, cross step R over L, step L side
5-6 Cross step R behind L, hold
&7&8 Step L side, cross step R over L, step L side, cross step R over L

[9-16] L side rock/recover, L behind-side-cross/unwind ½ R, R back rock/recover

1-2 Rock L side, recover weight on R
3&4 Cross step L behind R, step R side, cross step left over right & unwind ½ R (weight on L) (6 o'clock)
5-6 Rock R back, recover weight on L
7& Cross rock R over L, recover weight on L
8& Rock R back on right back diagonal, recover weight on L

[17-24] R cross step, L side point, L samba, ¼ R jazz ball cross side

1-2 Cross step R over L, point L side
3&4 Cross step L over R, rock R side, recover weight on L
5-6 Cross step R over L, turning ¼ right step L back (9 o'clock)
&7-8 Step R side, cross step L over R, step R side

[25-32] L cross rock/recover, ¼ L shuffle, ¼ L & prissy/cross walk fwd 3 'Creepin'), L fwd rock/recover

1-2 Cross rock L over R, recover weight on R
3&4 Turning ¼ left step L forward, step R together, step L forward (6 o'clock)
5-7 Turning ¼ left prissy walk R, L, R ('Creepin' steps forward) (3 o'clock)
8& Rock L forward, recover weight on R

[33-40] L full turn back, sweep back into L sailor, R cross rock/recover, R chasse

1-2 Turning ½ left step L forward, turning ½ left step R back (or walk back 2) (3 o'clock)
&3&4 Sweep L from front to back, step L behind R, step R side, step L side
5-6 Cross rock R over L, recover weight on L
7&8 Step R side, step L together, step R side

[41-48] L cross rock/recover, L back, R sailor, ½ L sailor, R cross rock/recover

1-3 Cross rock L over R, recover weight on R, step L back slightly
4&5 Cross step R behind L, step L side, step R side
6&7 Turning ½ left step L behind R, step R side, step L side (9 o'clock)
8& Cross rock R over L, recover weight on L