

Everything and All

拍數: 40 牆數: 2 級數: Improver
編舞者: Cef Decaney (USA) - March 2012
音樂: Everything and All - Randy Travis



VINE, CROSS, ROCKS, CROSS AND CROSS

- 1-2-&-3-4 Step right to right side, cross left behind right, step right to right Cross rock left in front of right, return weight back onto right
- 5-6-7-&-8 Step left beside right, step back onto right, cross left over right, Weight back onto right, cross left over right

SIDE ROCK, VINE WITH ½ TURN, VINE, CROSS ROCK

- 1-2-&-3-4 Rock right to right side, return weight to left, cross right behind Left, step left to left side making ¼ turn left, step right to right Side making ¼ turn left (this completes a half turn)
- 5-&-6-7-8 Step left behind right, step right to right side, cross rock left Over right, weight back onto right, step left beside right

HEEL SWITCHES, LARGE STEP FORWARD, TOUCH, STEP UNWIND, SHUFFLE

- 1-&-2-&-3-4 Touch right heel forward, step right next to left, touch left heel Forward, step left next to right, take long step forward with Your right, touch left toe next to right
- 5-6-7-&-8 Cross left behind right, unwind ½ turn keeping weight on right, Shuffle forward

L-R-L KICKS, TRIPLE, KICKS, SAILOR ½ TURN

- 1-2-3-&-4 Kick right foot forward X 2, Triple step in place R-L-R
- 5-6-7-&-8 Kick left foot forward X 2, step left foot behind and across right Making ½ turn to left, step right to right side, step left next to Right

RUMBA BOX WITH HOLDS

- 1-2-3-4 Step right to right side, step left next to right, step right back, Hold
- 5-6-7-8 Step left to left side, step right next to left, step left forward, Hold

RESTART
