

Carino Mio

COPPER KNOB
STEPSHEETS

拍數: 38 牆數: 1 級數: Beginner
編舞者: Totoy Pinoy (USA) - March 2012
音樂: Marcela Moreno - Para Toda La Vida



OR - Para Toda La Vida by Ballroom Orchestra & Singers [CD: Vild Med Dans Vol. 1]

Start dancing on lyrics

CROSS/ROCK-RECOVER, SIDE CHASSE

1-2 Cross/rock left over right, recover to right
3&4 Step left to side, slide right together, step left to side
5-6 Cross/rock right over left, recover to left
7&8 Step right to side, slide left together, step right to side

ROCK-RECOVER, BACK SHUFFLE, ROCK-RECOVER, FORWARD SHUFFLE

1-2 Rock left forward, recover to right
3&4 Chassé back left, right, left
5-6 Rock right back, recover to left
7&8 Chassé forward right, left, right

STEP-TURN (2X), SIDE CHASSE, ROCK-RECOVER

1-2 Step left forward, turn 1/2 right (weight to right)
3-4 Repeat 1-2
5&6 Step left to side, slide right together, step left to side
7-8 Rock right back, recover to left

STEP-TURN (2X), SIDE CHASSE, ROCK-RECOVER

1-2 Step right forward, turn 1/2 left (weight to left)
3-4 Repeat 1-2
5&6 Step right to side, slide left together, step right to side
7-8 Rock left back, recover to right

STEP-TURN (2X), FORWARD STEPS

1-2 Step left forward, turn 1/2 right (weight to right)
3-4 Repeat 1-2
5-6 Step left forward, step right forward and slightly to side

REPEAT

To convert this dance into a 4-wall routine replace the last 6 steps with the following:

33-34 Step left forward, turn 1/4 right (weight to right)
35-38 Repeat steps 33-34 (2X)

Choreographer Contact Information:

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Last Update - 7 July 2020