

Moves Like Jagger

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Barbara Rehagen - March 2012
音樂: Moves Like Jagger (feat. Christina Aguilera) - Maroon 5



16 count introduction

WEAVE LEFT; CROSSING TOE STRUT; SIDE TOE STRUT

1-4 Cross right over left, step left to side, step right behind left, step left to side
5-8 Right crossing toe strut stepping right over left; left toe strut to left side

CROSS ROCK; RECOVER TRIPLE STEP IN PLACE; CROSS ROCK; RECOVER ¼ TURN TO LEFT TRIPLE STEP IN PLACE

1-2 Cross rock right over left; recover to left
3&4 Triple step in place (RLR)
5-6 Cross rock left over right; recover to right
7&8 ¼ turn left; triple step in place (LRL)

STEP RIGHT FORWARD; LEFT ½ TURN; TRIPLE STEP FORWARD (RLR); LEFT JAZZ BOX WITH TOUCH

1-2 Step forward on right; make ½ turn to the left with weight ending on the left
3&4 Triple step forward (RLR)
5-7 Left jazz box crossing left over right; step back on right; step left next to right; touch right next to left

STEP LOCK FORWARD; STEP-LOCK-STEP FORWARD; ROCK FORWARD; RECOVER; BACK LEFT COASTER STEP

1-2 Step right forward, lock left behind right
3&4 Step right forward; lock left behind right; step right forward
5-6 Rock left forward, recover weight to right
7&8 Back left coaster step; step left back; step right next to left; and step left forward
