My Memory

Intro: Starts on Vocal

級數: Intermediate



拍數: 32 **牆數:** 4

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音樂: My Memory - Ryu

[1] 2x Side Night Club Basics, Forward Rock R, 1/2R Forward R, Forward L, 1/4L Forward L	
1-2&	Side Step on R (Long Step)[1], Back Rock on L [2], Recover on R [&] (12.00)
3-4&	Side Step on L (Long Step)[3], Back Rock on R [4], Recover on L [&] (12.00)
5-6&	Forward Rock on R [5], Recover on L [6], 1/2 Turn R (Forward Step on R) [&] (6.00)
7-8&	Forward Rock on L [7], Recover on R [8], 1/4 Turn L (Forward Step on L) [&] (3.00)
Option on hand	d movement: for Section 1 – Count 1 to 4& 1-2& Extend R Arm to R Side on shoulder level and
at the same time, extend L Arm up above the head, keep both arm on count & 3-4& Extend L Arm to R Side	
on shoulder level and at the same time, extend R Arm up above the head, keep both arm on count &	
[2] Forward 1/2L Walk L-R, Forward 1/4R, Cross L, Side R, Cross Unwind Full Turn R, Sweep, Behind, Side, Cross Step	
1-2&	Forward on R [1], Pivot ½ Turn L (Forward Step on L) [2], Forward Step on R [&] (9.00)
3-4&	Forward on L [3], Pivot 1/4 Turn R (Side Step on R) [4], Step L Across R [&] (12.00)
5-6&	Side Step R [5], Step L Across R [6], Unwind Full Turn R (Wt on L)[&] (12.00)
7	Sweep R out to R side [7] (12.00)
8&1	Step R behind L [8], Side Step on L [&], Step R Across L (bend both knees)[1] (Prep for a Full
	Spin Turn R) (12.00)
[3] Full Spin Turn R (Hitch L),Cross L, Step Back 3 Steps, Forward 3 Steps, Full Turn Back	
2-3	Full Spin Turn R on ball R with L Hitch with Figure 4 [2], Step L Across R [3] (12.00)
4&5	Back Step R-L-R (Quick Small Steps with body lean back- extend arms infront of chest)
	(12.00)
6&7	Forward Step L-R-L (Quick Small Steps with body lean forward- extend arms down back)*(12.00)
*Restart on Wall 4 (9.00) and Wall 8 (6.00) , after Section 3 – count 6&7, add count '8' – Touch R beside L [8] and Restart	
8&1	(Travel Back) 1/2Turn R (Forward Step R)[8], 1/2Turn on R (Back Step on L) [&], Step Back
	on R [1] (12.00)
[4] Back L, 1/4R, Sweep R, Front, Side, Sweep L, Back Hook R, Forward Hook L, Back Drag R	
2&3	Step back on L [2], 1/4 Turn R on Side Step R [&], Step L across R with a Sweep on R [3]
	(3.00)
4&5	Step R Across L [4], Side Step on L [&], Step R behind L with a Sweep on L [5] (3.00)
6&7&	Back Step on L [6], Hook R infront of L Knee [&], Forward Step on R [7], Hook L behind R
	Knee [&] (3.00)
8	Step Back on L (Drag R to L) (3.00)
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