

Soft & Sweet

拍數: 32 牆數: 4
編舞者: Gary Lafferty (UK) - March 2012
音樂: Honey Bee - Blake Shelton

級數: Easy Intermediate



32-count intro - This track is available on the album "Red River Blue" or from iTunes (99p)

Floor-splits: Blue Night Cha or Islands In The Stream

WALK FORWARD RIGHT then LEFT , RIGHT SAILOR ½ TURN ; ROCK FORWARD, RECOVER , COASTER

- 1-2 Step forward on Right foot , step forward on Left foot
- 3&4 Step Right behind Left , turn ¼ Right stepping to Left on Left, turn ¼ Right stepping forward on Right foot
- 5-6 Rock forward on Left foot , recover weight back onto Right foot
- 7&8 Step back on Left foot , step on Right foot beside Left , step forward on Left foot

STEP, LOCK , & HEEL & CROSS ; ¼ TURN , ¼ TURN , LEFT SHUFFLE FORWARD

- 1-2 Step forward on Right foot , lock-step Left foot behind Right
- &3 Small step diagonally-forward Right on Right foot , touch Left heel forward to Left diagonal
- &4 Step down on Left foot beside Right , cross-step Right foot over Left
- 5-6 Turn ¼ Right stepping back onto Left foot , turn ¼ Right stepping forward on Right foot
- 7&8 Step forward on Left foot , step on Right foot beside Left , step forward on Left foot

**** RESTART at this point on wall 3 (facing 6 o'clock / back wall)**

STEP FORWARD , ¼ TURN , CROSS-SHUFFLE ; SIDE LEFT , ¼ TURN , CROSS-SHUFFLE

- 1-2 Step forward on Right foot , pivot ¼ turn to Left
- 3&4 Cross-step Right foot over Left , small step to Left on Left foot , cross-step Right foot over Left
- 5-6 Step to Left on Left foot , turn ¼ Right stepping to Right on Right foot
- 7&8 Cross-step Left foot over Right , small step to Right on Right foot , cross-step Left foot over Right

SIDE-ROCK , RECOVER , 'BEHIND – SIDE – CROSS' ; SIDE-ROCK , RECOVER , 'BEHIND – TURN – STEP'

- 1-2 Rock to Right on Right foot , recover weight onto Left foot
- 3&4 Cross-step Right foot behind Left , step to Left on Left foot , cross-step Right foot over Left
- 5-6 Rock to Left on Left foot , recover weight onto Right foot
- 7&8 Cross-step Left foot behind Right , turn ¼ Right stepping forward onto Right foot , step forward on Left foot

START AGAIN!