

San Bernardino

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 4 級數: Intermediate
編舞者: Maria Tao (USA) - March 2012
音樂: San Bernardino - Jeff Christie : (CD: Yellow River)



Intro: 48 counts; start on lyrics (approx. 14 seconds into track)

[1-8] HEEL, HOOK, HEEL, HOOK, ROCK & CROSS, HOLD

1-4 Touch right heel forward, hook right over left, touch right heel forward, hook right over left
5-8 Rock right to right, recover onto left, cross right over left, hold

[9-16] TOE STRUTS WITH ½ TURN R, LOCK STEP FWD, HOLD

1-2 ¼ turn right stepping left toe back, drop left heel down
3-4 ¼ turn right stepping right toe to right, drop right heel down (6:00)
5-8 Step left forward, lock right behind left, step left forward, hold

[17-24] HEEL, HOOK, HEEL, HOOK, ROCK & CROSS, HOLD

1-4 Touch right heel forward, hook right over left, touch right heel forward, hook right over left
5-8 Rock right to right, recover onto left, cross right over left, hold

[25-32] TOE STRUTS WITH ¼ TURN R, CROSS SHUFFLE, HOLD

1-2 ¼ turn right stepping left toe back, drop left heel down (9:00)
3-4 Step right toe to right, drop right heel down
5-8 Cross left over right, step right to right, cross left over right, hold

[33-40] POINT, HITCH, POINT, HOLD, BEHIND, SIDE, CROSS, HOLD

1-4 Point right to right, hitch right across left, point right to right, hold
5-8 Step right behind left, step left to left, cross right over left, hold

[41-48] POINT, HITCH, POINT, HOLD, BEHIND, ¼ TURN R, STEP FWD, HOLD

1-4 Point left to left, hitch left across right, point left to left, hold
5-8 Step left behind right, ¼ turn right stepping right forward, step left forward, hold (12:00)

[49-56] STOMP, HITCH, STEP FWD, TOE BACK, STEP BACK, KICK, BACK, KICK

1-4 Stomp right beside left, hitch right up, step right forward, tap left toe behind right
5-8 Step left back, kick right forward, step right back, kick left forward

[57-64] COASTER CROSS, HOLD, ROCK & CROSS, HOLD

1-4 Step left back, step right beside left, cross left over right, hold
5-8 Rock right to right, recover onto left, cross right over left, hold

[65-72] SIDE, TOUCH, ¼ TURN R, SCUFF, LOCK STEP FWD, HOLD

1-2 Step left to left, touch right beside left
3-4 ¼ turn right stepping right forward, scuff left forward (3:00)
5-8 Step left forward, lock right behind left, step left forward, hold

[73-80] CHARLESTON STEP WITH HOLDS, COASTER STEP, HOLD

1-4 Swing & touch right toe forward, hold, swing & step right back, hold
5-8 Step left back, step right beside left, step left forward, hold (3:00)

START AGAIN

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