

Headed For A Heartache

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Michael Diven (USA) & Larry Bass (USA) - November 2011
音樂: Headed for a Heartache - Gary Morris



KICK-BALL-CROSS, SIDE ROCK STEP; BEHIND, SIDE, CROSS; SIDE ROCK STEP

1&2 Kick Right forward, Step Right beside Left, Step Left across Right
3-4 Step Right to right side; Rock left onto Left
5&6 Step Right behind Left, Step Left to left side, Step Right across Left
7-8 Step Left to left side; Rock right onto Right

CROSSOVER TRIPLE STEP, ½ TURN ROLLING TURN; CROSSOVER TRIPLE STEP, ½ TURN ROLLING TURN

1&2 Step Left across Right, Step Right slightly to right side, Step Left across Right
3-4 Roll ¼ turn left while stepping Right back; Roll ¼ turn left while stepping Left to left side
5&6 Step Right across Left, Step Left slightly to left side, Step Right across Left
7-8 Roll ¼ turn right while stepping Left back; Roll ¼ turn right while stepping Right to right side

CROSSOVER ROCK STEP, ¼ TURN TRIPLE STEP; TOE TOUCHES, ¼ TURN COUNT VINE

1-2 Step Left across Right; Rock back onto Right
3&4 Turn ¼ turn left & triple step Left, Right, Left
5& Touch Right toes forward, Step Right beside Left
6& Touch Left toes forward, Step Left beside Right
7-8 Turn ¼ turn left while stepping Right to right side; Step Left behind Right

& CROSS UNWIND ½ TURN, SAILOR STEP; ¼ TURN SAILOR STEP, STEP ½ PIVOT

&1-2 Step Right slightly back, Cross Left over Right; Unwind ½ turn right on Left
3&4 Step Right behind Left, Step Left to left side, Step Right to right side
5&6 Step Left behind Right while turn ¼ turn left, Step Right to right side, Step Left forward
7-8 Step Right forward; Pivot ½ turn left onto Left

START OVER
