

Any Way But Up!

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Phrased Improver
編舞者: Steve Bisson (UK) & Denise Bisson (UK) - February 2012
音樂: Anyway the Wind Blows - Brother Phelps : (CD: Any Way The Wind Blows)



**Intro: 24 counts from beginning (approx. 10 secs.) for A section – start on opening instrumental
B section starts on vocals – for remainder of the dance**

A – Danced Twice Only, (Two Wall) - Ending At Home Wall

Section 1: Rhumba Box (With Holds)

1-2 Step right to right side, step left beside right
3-4 Step right forward, hold
5-6 Step left to left side, step right beside left
7-8 Step left back, hold

Section 2: Scissor Steps x2 (With Holds)

1-2 Step right to right side, close left beside right
3-4 Cross right over left, hold
5-6 Step left to left side, close right beside left
7-8 Cross left over right, hold

Section 3: Back Lock Step – Hold, 1/2 Turn Left – Hold

1-2 Step right back, lock left over right
3-4 Step right back, hold
5-6 Step left back making ¼ turn left, step right to right side making ¼ turn left [6.0]
7-8 Step left forward, hold

Section 4: Side Rock, Cross – Hold, 1/2 Turn right – Hold

1-2 Rock right to right side, recover weight on left
3-4 Cross right over left, hold
5-6 Step left back making ¼ turn right, step right to right side making ¼ turn right [12.0]
7-8 Step left forward, hold

B – Remainder Of The Dance, (4 Wall), Starting At Home Wall

Section 1: Forward Lock Steps x 2 (With Holds)

1-2 Step right forward, lock step left behind right
3-4 Step right forward, hold
5-6 Step left forward, lock step right behind left
7-8 Step left forward, hold

Section 2: Side, Behind, ¼ Turn, Hitch, Pivot ½ Turn Right, Step Forward, Hold

1-2 Step right to right side, step left behind right
3-4 Step forward on right making ¼ turn right, hitch left knee [3.0]
5-6 Step forward on left, pivot ½ turn right [9.0]
7-8 Step forward on left, hold

Section 3: Side, Cross, Side, Heel Jack x 2

1-2 Step right to right side, cross left over right
3-4 Step right to right side, touch left heel diagonally forward
5-6 Step left to left side, cross right over left
7-8 Step left to left side, touch right heel diagonally forward

(Note: on steps 1 and 5 when stepping to the side, step slightly back to make it easier to cross in front)

Section 4: Walk Back, Kick x 2

- 1-2 Step back on right, step back on left
- 3-4 Step back on right, kick left forward
- 5-6 Step back on left, step back on right
- 7-8 Step back on left, kick right forward

Begin again – no tags or restarts, yeah!

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