

Funky Soul Cha

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Winnie Yu (CAN) - March 2012
音樂: Step Off Into It - Dial Tone the Producer



Intro: 16 counts

*This dance is dedicated to Pooh's Team Hong Kong Region Instructor – Maria Miu & her students.

Choreographer Note: For Soul feeling style, ALL toe touches lightly lift up & off the floor .

Sec. 1: DIAGONAL STEP TOUCH X 4, ROCK STEP, RECOVER, SHUFFLE ½ R

- 1&2& Step right forward to right diagonal, drag left touch besides right, step left back to left diagonal, Drag right touch besides left
- 3&4& Step right backward to right diagonal, drag left touch besides right, step left forward to left diagonal, drag right touch besides left
- 5-6-7&8 Rock right forward, recover onto left, step right to right side & make a ¼ right, step left beside right, step right forward and make a ¼ right (6:00)

Sec. 2: DIAGONAL STEP TOUCH X4, ROCK STEP, RECOVER, SHUFFLE ½ L

- 1&2& Step left forward to left diagonal, drag right touch besides left, step right back to right diagonal, drag left touch besides right
- 3&4& Step left backward to left diagonal, drag right touch besides left, step right forward to right diagonal, drag left touch beside right
- 5-6-7&8 Rock left forward, recover onto right, step left to left side & make a ¼ left, step right beside left, step left forward and make a ¼ left (12:00)

Sec. 3: FWD, PIVOT ¼ R, CROSS, (SIDE with SWING, TOUCH) X 4

- 1-2-3-4 Step right forward, step left forward, pivot ¼ right, cross left over right (3:00)
- 5&6& Step right to right side, touch left besides right, step left to left side, touch right besides left
- 7&8& Repeat – count 5&6&

Sec. 4: FWD, MAMBO ½ L, FWD, (SIDE with SWING, TOUCH) X4

- 1-2-3-4 Step right forward, rock left forward, recover onto right, step left forward and make a ½ left (9:00)
- 5&6& Step right to right side, touch left besides right, step left to left side, touch right besides left
- 7&8& Repeat – count 5&6&

Sec. 5: SIDE, CROSS, SIDE, CROSS, SIDE ROCK, RECOVER, WEAVE LEFT

- 1-2-3-4 Step right to side (straighten knees), cross left over right (both knees bent w/option: look left) X 2,
- 5-6 7&8 Rock right to right side, recover onto left, cross right behind left, step left to left side, Cross right over left

Sec. 6: SIDE, CROSS, SIDE, CROSS, SIDE BODY ROLL (1/8 R), BUMP HIPS

- 1-2-3-4 Step left to side (straighten knees), cross right over left (both knees bent w/option: look right) X 2,
- 5-6 Touch left to left side, side body roll (Sit and weight on left) and make 1/8 right (10:30)
- 7&8& Bumps hips – forward, backward, forward, backward (weight on left)

Sec. 7: ZIG ZAG WALK FORWARD X 4, STEP PIVOT ½ LEFT, RIGHT KICK-BALL-CHANGE

- 1&2& Step right forward, touch left besides right, step left forward, touch right besides left
- 3&4& Repeat 1&2& (10:30)
- 5-6-7&8 Step right forward, pivot ½ left, kick right forward, step right beside left, step left forward (4:30)

Sec. 8: JAZZ BOX 1/8 R, (STEP, TOUCH WITH SWING HIPS) X2

- 1-2-3-4 Cross right over left, step left back and a 1/8 right, step right to right side, step left forward
(6:00)
- 5-6-7-8 Step right to right side as you roll your hips counter clockwise, touch L forward to the L
diagonal, Step left to left side as you roll your hips clockwise, touch R forward to the R
diagonal

Start the dance again
