

Shake It Like That

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Patrick Latendresse (CAN) - February 2012
音樂: I Love Senoritas - Alex Swings Oscar Sings!



Alt. Track: Addicted to You by Shakira

Intro: Start on lyrics for Alex swing Oscar Sings' song /
Start after 16 counts for Addicted to you by Shakira

Mambo Steps, Side Rock Step, Triple Steps With $\frac{3}{4}$ Turn Right

1&2 Forward step right, recover weight on left, step right beside left
3&4 Side step left, recover weight on right, step left beside right
5-6 Side step to right, recover weight on left
7&8 Start turning $\frac{3}{4}$ turn right while stepping right foot together, step left together, step right together. (9:00 wall)

Step Locks X2, Step Forward $\frac{1}{4}$ Turn Left, Cross Shuffle

1-2 Step forward left, lock right behind left
3&4 Step left forward, lock right behind left, step left forward
5-6 Step forward right, pivot $\frac{1}{4}$ turn left, weight on left. (6:00 wall)
7&8 Cross right over left, step left together, cross right over left

$\frac{1}{4}$ Turn Left X2, Cross Rock, $\frac{1}{4}$ Turn Left, Forward Step, $\frac{1}{2}$ Turn Left

1-2 Side step left with $\frac{1}{4}$ turn right, forward right step with $\frac{1}{4}$ turn right(12:00 wall)
3-4 Cross left over right, recover weight on right
5-6 Side step left with $\frac{1}{4}$ turn left, forward step right
7-8 Pivot $\frac{1}{2}$ turn left weight on left, forward step right (3:00 wall)

Bumps Pivot $\frac{1}{4}$ Turn Right X2, Pause, Bumps Pivot $\frac{1}{4}$ Left, Forward Step

1&2 Touch left toes forward, pivot on right $\frac{1}{4}$ turn right with hip bumps with
& a ttitude, pivot $\frac{1}{4}$ turn right with hip bump with attitude (9:00 wall)
3-4 Cross left over right, pause
5&6 Touch right toes forward, pivot $\frac{1}{4}$ turn left with hip bumps with attitude
& Pivot $\frac{1}{4}$ turn left with hip bump with attitude (3:00 wall)
7-8 Step forward right, step forward left

Rumba steps

1-2 Side step right, step left together
3&4 Side step right, step left together, step backward right
5-6 Side step left, step right together
7&8 Side step left, step right together, step left forward

Rocking chair, kick ball change, step x2

1-2 Step forward right, recover weight on left
3-4 Step backward right, recover weight on right
5&6 Kick right foot forward, step on ball of right beside left, step left together
7-8 Step forward right, step forward left beside right